

**Parent/Child Incorporated (PCI) of
San Antonio & Bexar County**
Nurse Appreciation DAY 2023

"PCI...Our WAY...Children and Families!"



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WE APPRECIATE YOU!

National Nurses Week May 6 – 12, 2023



May 10, 2023

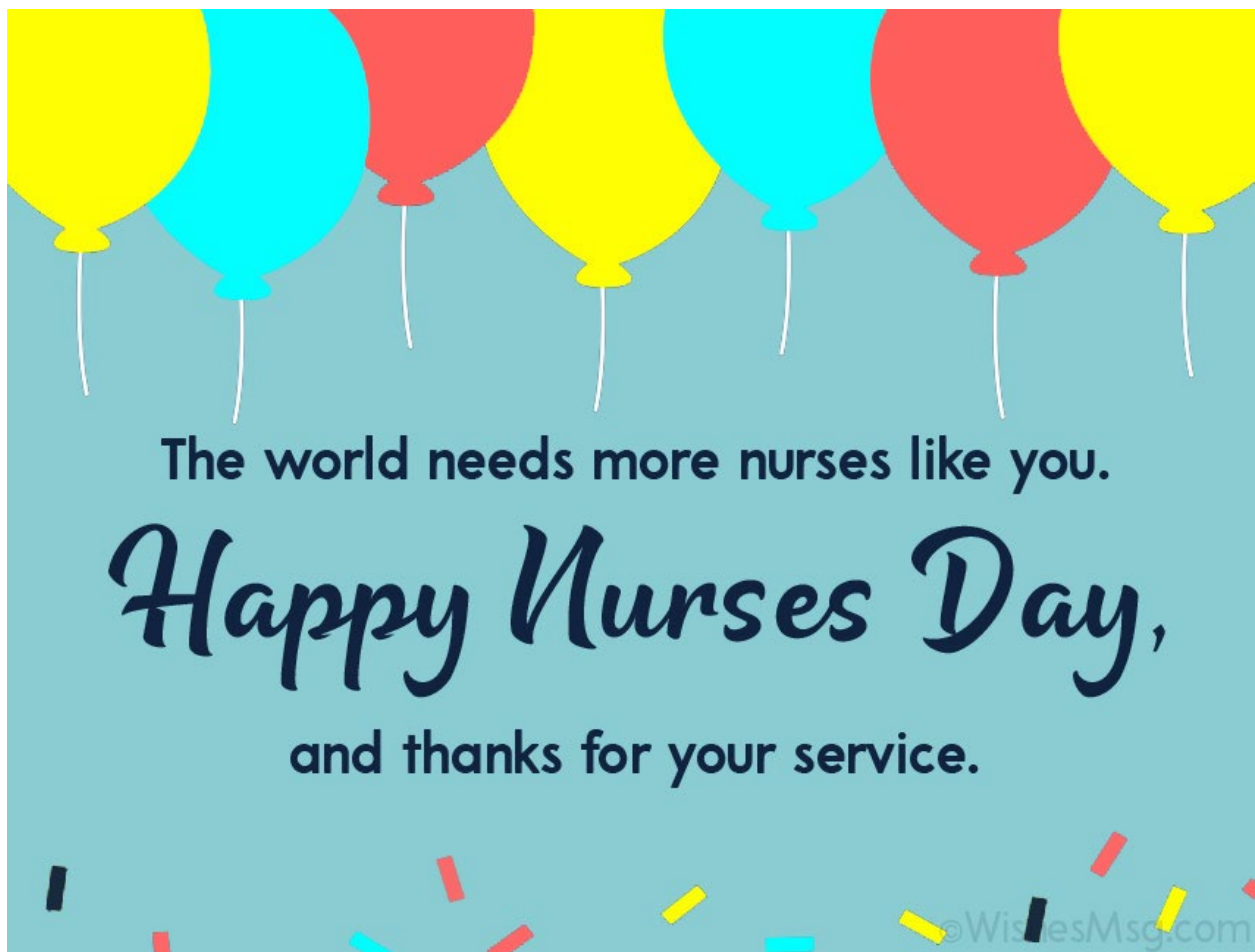
**NATIONAL
SCHOOL NURSE DAY**

"Growing San Antonio's Tomorrow...Today!"
Dr. Sharon M. Small, Chief Executive Officer/HS/EHS Director



Since 1972, National School Nurse Day has been set aside to recognize school nurses. National School Nurse Day was established to foster a better understanding of the role of school nurses in the educational setting.

School Nurse Day is celebrated on the Wednesday within National Nurses Week. National Nurses Week is May 6-12 each year which for 2023 is **May 10th** while May 12, the birthday of Florence Nightingale is celebrated worldwide as International Nurses Day.



Happy Nurses Week

to all the wonderful nurses out
there! We love you!



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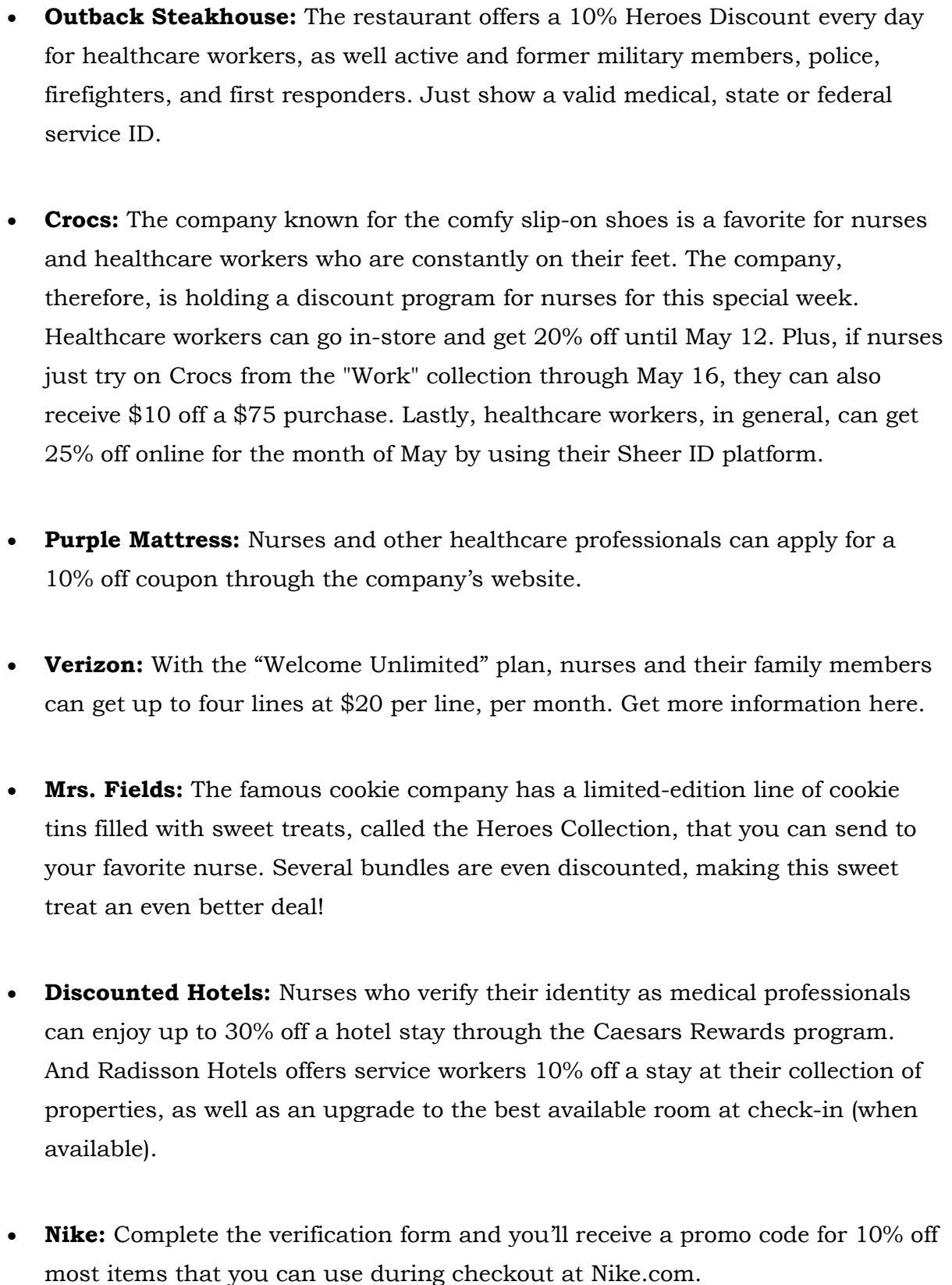
Nurse Appreciation Day 2022 is May 6th. What better way to celebrate it than with freebies and special prices!

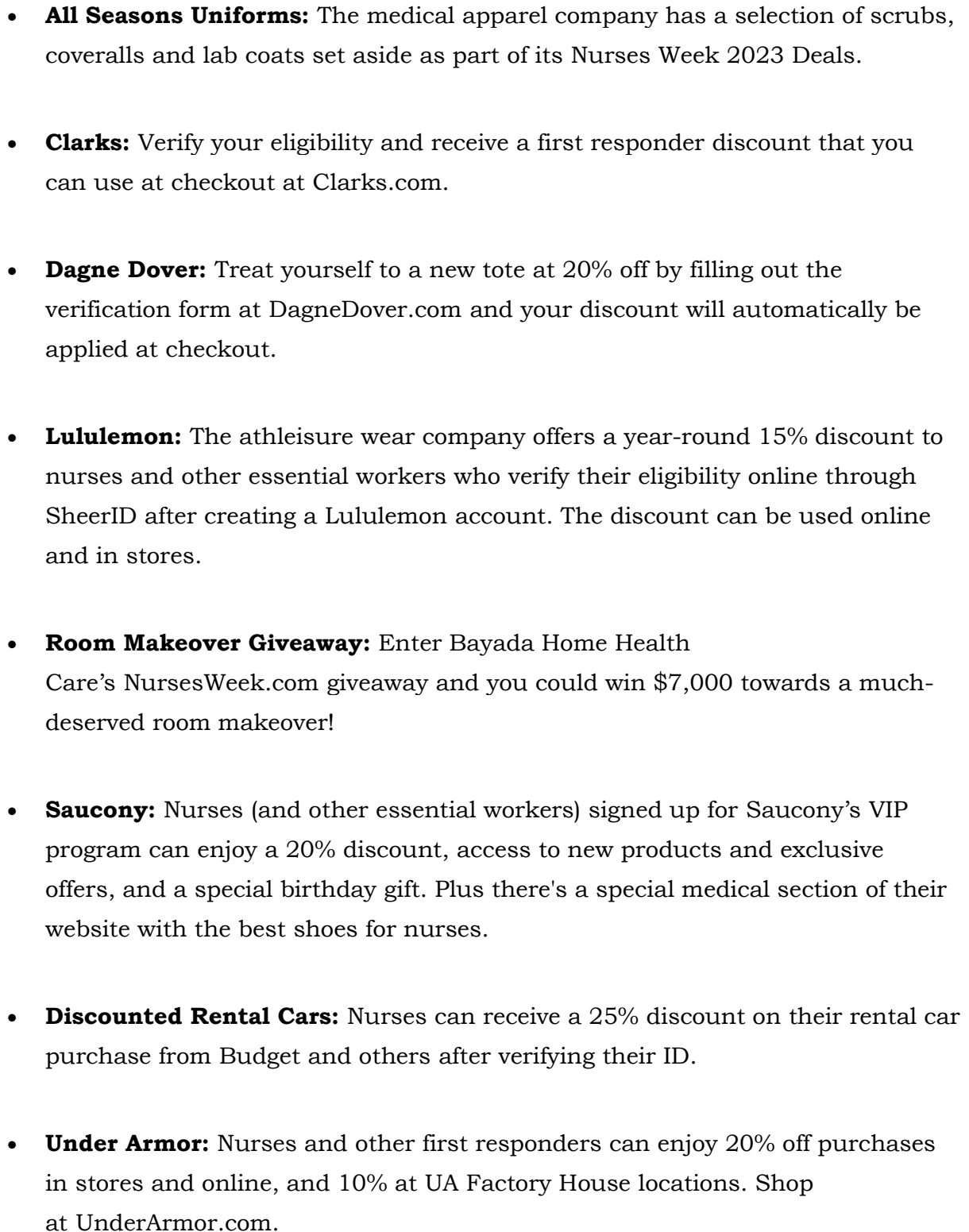
- **Chipotle:** The restaurant is giving away \$1 million in food to nurses during Nurses Week. Chipotle will award 2,000 winners a "Burrito Care Package" with 50 entrée codes for their team. Visit healthcare-heroes.chipotle.com for details and to apply to win free food for your nursing staff. Contest ends May 12.
- **Dunkin':** Nurses can catch a free medium coffee with valid ID on May 6.
- **Firehouse Subs:** Enjoy a free medium sub with the purchase of a medium or large sub, chips and drink from May 6-7. Valid ID required.
- **Logan's Roadhouse:** Nurses can take 20% off any entree at participating stores from May 6-12.
- **McAlister's Deli:** Score a free 32-ounce tea through May 10 with a valid medical or educator ID at participating locations. Must order for dine-in or takeout in person. Offer not valid on flavored shots or other beverages.
- **Potbelly:** Grab a free cookie or regular-sized soft drink from May 6-12 at participating stores. Potbelly will also be surprising nurses by dropping off treats at nearby hospitals and medical centers in select markets.

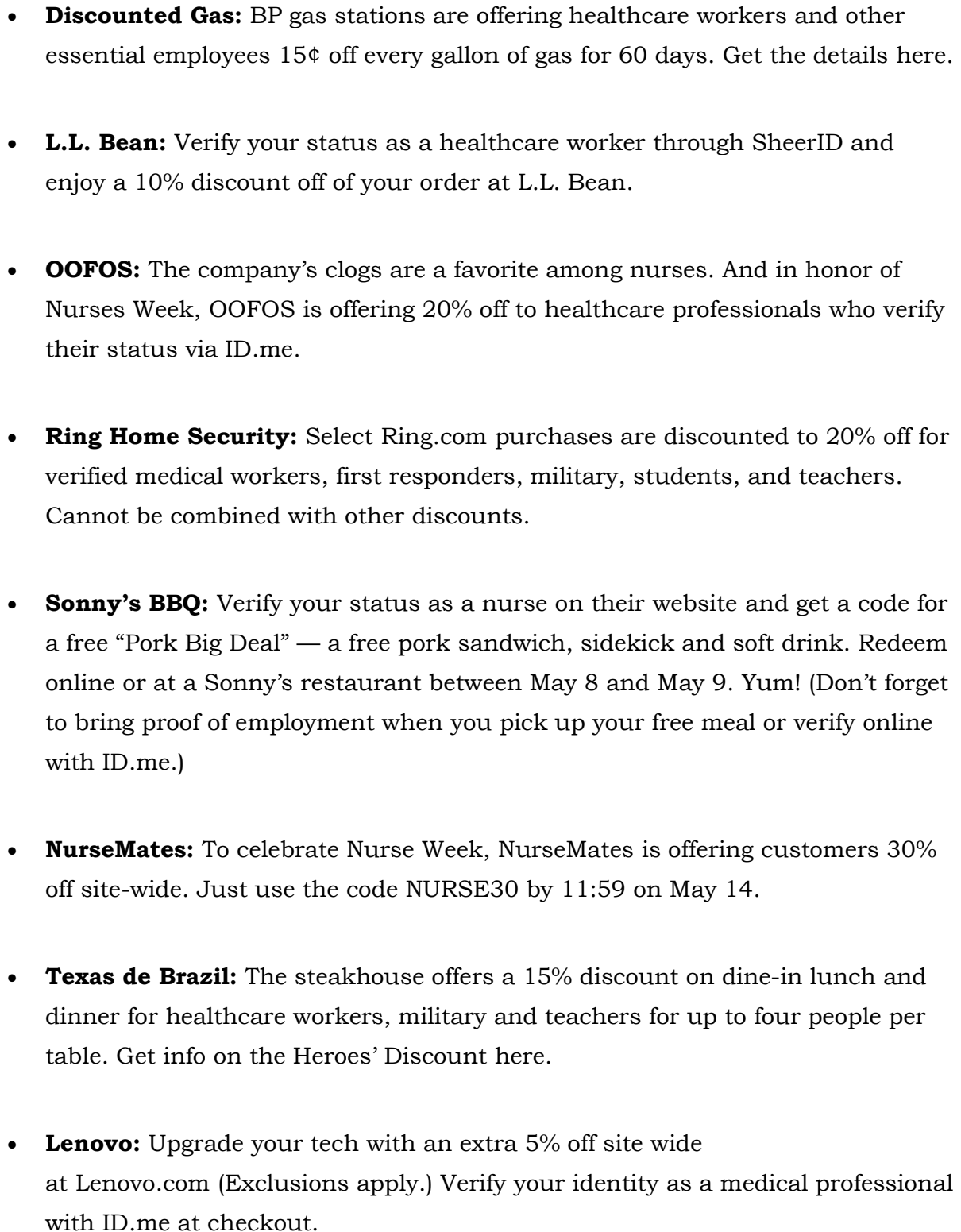


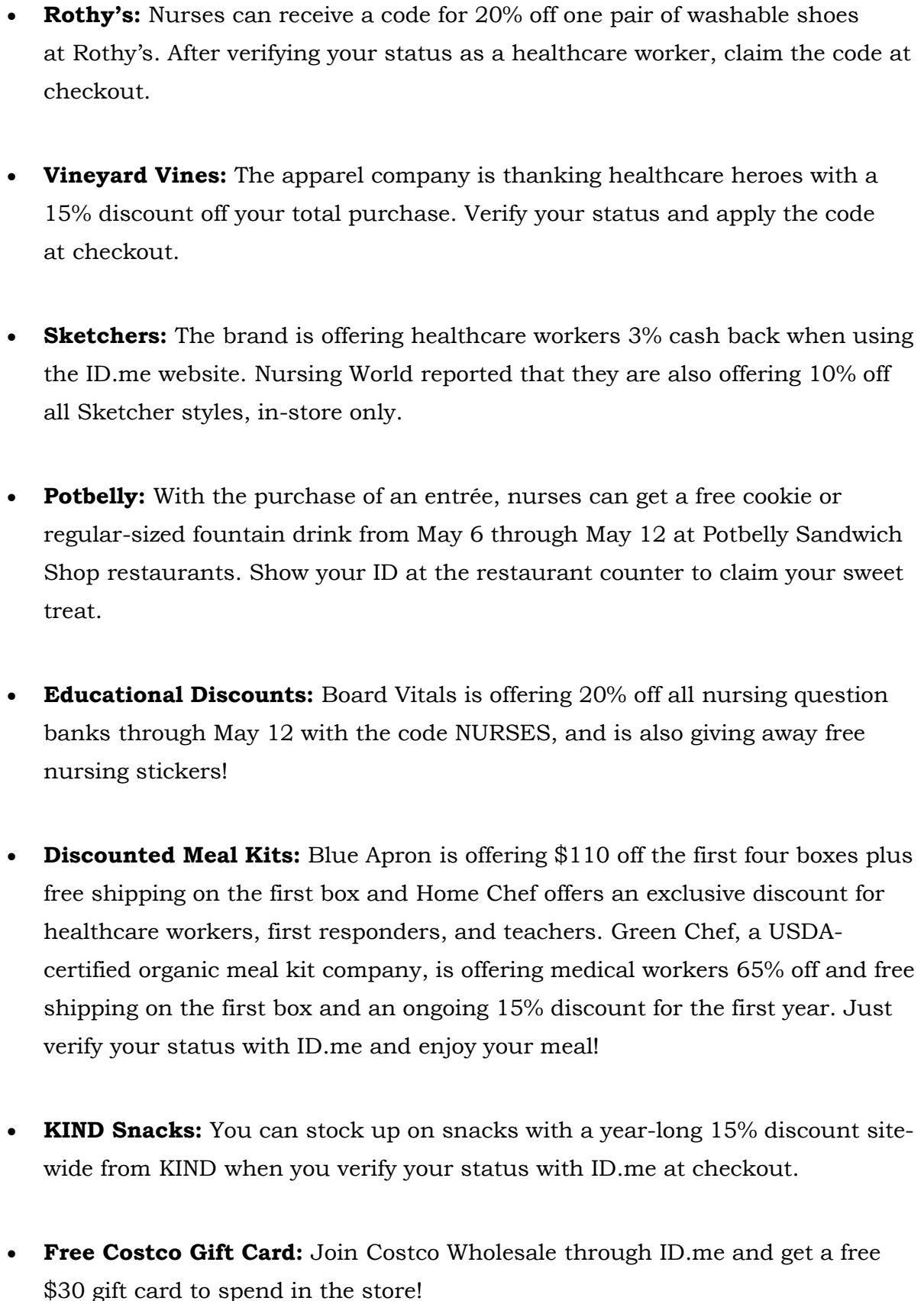
Other discounts for nurses

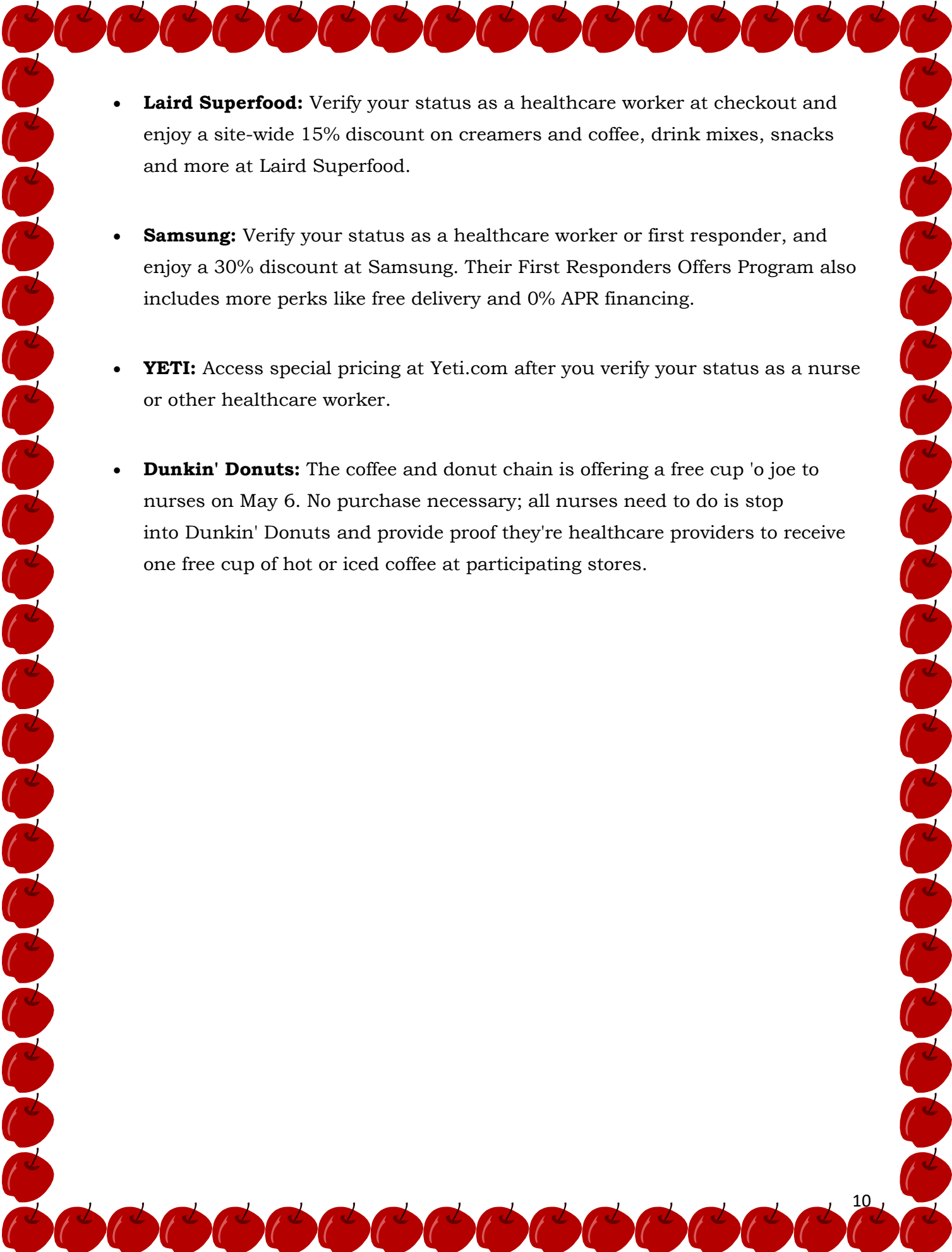
- **Adidas:** Score 30% off online and in-store or 20% off at factory outlets. Verification required.
- **All Seasons Uniforms:** Use discount code “NURSE20” to score special discounts from May 6-12.
- **Bayada:** One lucky nurse will receive a room makeover. DIY pros Jessie Ecker and Cara Newhart will provide a personal consultation and custom room design. Plus, curated furniture and decor valued up to \$7,000.
- **Caesars:** Claim up to 30% off hotel stays when you verify you're a nursing professional through ID.me.
- **Costco:** Get a \$20 shop card when you sign up for a membership.
- **Reebok:** Net 50% off all purchases after verification through ID.me.
- **Samsung:** Secure discounts of up to 30% off after verification through ID.me.
- **Under Armour:** Offers 20% off all purchases for active nurses with ID.me verification. You can use your discount while shopping on UA.com, UA App, UA Brand House, and a 10% discount at UA Factory House, by verifying your eligibility with ID.me.
- **Uniform Source:** Nurses get 50% off clearance, 25% off scrubs, 20% off accessories and 10% off shoes during Nurses Week.
- **Vivian X ADNI:** The two team up to offer a \$100 shopping spree to 100 nurses. Contest ends at 11:59 p.m. PT on May 12.
- **Asics:** Get yourself a discount code for 40% off all full-priced items at Asics.com when you verify your status as a nursing professional.
- **Free Books:** From books about microbiology and EKGs to a biography about Florence Nightingale, the founder of modern nursing, Amazon has free books about nursing available for Kindle owners.
- **Brooklyn Bedding:** Get a good night's sleep on new pillows, sheets, or a mattress, thanks to a healthcare provider's discount offered by Brooklyn Bedding. Apply on their website for a 30% off discount code, and enjoy free shipping, too.

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- **Outback Steakhouse:** The restaurant offers a 10% Heroes Discount every day for healthcare workers, as well active and former military members, police, firefighters, and first responders. Just show a valid medical, state or federal service ID.
 - **Crocs:** The company known for the comfy slip-on shoes is a favorite for nurses and healthcare workers who are constantly on their feet. The company, therefore, is holding a discount program for nurses for this special week. Healthcare workers can go in-store and get 20% off until May 12. Plus, if nurses just try on Crocs from the "Work" collection through May 16, they can also receive \$10 off a \$75 purchase. Lastly, healthcare workers, in general, can get 25% off online for the month of May by using their Sheer ID platform.
 - **Purple Mattress:** Nurses and other healthcare professionals can apply for a 10% off coupon through the company's website.
 - **Verizon:** With the "Welcome Unlimited" plan, nurses and their family members can get up to four lines at \$20 per line, per month. Get more information here.
 - **Mrs. Fields:** The famous cookie company has a limited-edition line of cookie tins filled with sweet treats, called the Heroes Collection, that you can send to your favorite nurse. Several bundles are even discounted, making this sweet treat an even better deal!
 - **Discounted Hotels:** Nurses who verify their identity as medical professionals can enjoy up to 30% off a hotel stay through the Caesars Rewards program. And Radisson Hotels offers service workers 10% off a stay at their collection of properties, as well as an upgrade to the best available room at check-in (when available).
 - **Nike:** Complete the verification form and you'll receive a promo code for 10% off most items that you can use during checkout at Nike.com.

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- **All Seasons Uniforms:** The medical apparel company has a selection of scrubs, coveralls and lab coats set aside as part of its Nurses Week 2023 Deals.
 - **Clarks:** Verify your eligibility and receive a first responder discount that you can use at checkout at [Clarks.com](https://www.clarks.com).
 - **Dagne Dover:** Treat yourself to a new tote at 20% off by filling out the verification form at [DagneDover.com](https://www.dagne Dover.com) and your discount will automatically be applied at checkout.
 - **Lululemon:** The athleisure wear company offers a year-round 15% discount to nurses and other essential workers who verify their eligibility online through SheerID after creating a Lululemon account. The discount can be used online and in stores.
 - **Room Makeover Giveaway:** Enter Bayada Home Health Care's [NursesWeek.com](https://www.nursesweek.com) giveaway and you could win \$7,000 towards a much-deserved room makeover!
 - **Saucony:** Nurses (and other essential workers) signed up for Saucony's VIP program can enjoy a 20% discount, access to new products and exclusive offers, and a special birthday gift. Plus there's a special medical section of their website with the best shoes for nurses.
 - **Discounted Rental Cars:** Nurses can receive a 25% discount on their rental car purchase from Budget and others after verifying their ID.
 - **Under Armor:** Nurses and other first responders can enjoy 20% off purchases in stores and online, and 10% at UA Factory House locations. Shop at [UnderArmor.com](https://www.underarmor.com).

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- **Discounted Gas:** BP gas stations are offering healthcare workers and other essential employees 15¢ off every gallon of gas for 60 days. Get the details [here](#).
 - **L.L. Bean:** Verify your status as a healthcare worker through SheerID and enjoy a 10% discount off of your order at L.L. Bean.
 - **OOFOS:** The company's clogs are a favorite among nurses. And in honor of Nurses Week, OOFOS is offering 20% off to healthcare professionals who verify their status via ID.me.
 - **Ring Home Security:** Select Ring.com purchases are discounted to 20% off for verified medical workers, first responders, military, students, and teachers. Cannot be combined with other discounts.
 - **Sonny's BBQ:** Verify your status as a nurse on their website and get a code for a free "Pork Big Deal" — a free pork sandwich, sidekick and soft drink. Redeem online or at a Sonny's restaurant between May 8 and May 9. Yum! (Don't forget to bring proof of employment when you pick up your free meal or verify online with ID.me.)
 - **NurseMates:** To celebrate Nurse Week, NurseMates is offering customers 30% off site-wide. Just use the code NURSE30 by 11:59 on May 14.
 - **Texas de Brazil:** The steakhouse offers a 15% discount on dine-in lunch and dinner for healthcare workers, military and teachers for up to four people per table. Get info on the Heroes' Discount [here](#).
 - **Lenovo:** Upgrade your tech with an extra 5% off site wide at [Lenovo.com](#) (Exclusions apply.) Verify your identity as a medical professional with ID.me at checkout.

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- **Rothy's:** Nurses can receive a code for 20% off one pair of washable shoes at Rothy's. After verifying your status as a healthcare worker, claim the code at checkout.
 - **Vineyard Vines:** The apparel company is thanking healthcare heroes with a 15% discount off your total purchase. Verify your status and apply the code at checkout.
 - **Sketchers:** The brand is offering healthcare workers 3% cash back when using the ID.me website. Nursing World reported that they are also offering 10% off all Sketcher styles, in-store only.
 - **Potbelly:** With the purchase of an entrée, nurses can get a free cookie or regular-sized fountain drink from May 6 through May 12 at Potbelly Sandwich Shop restaurants. Show your ID at the restaurant counter to claim your sweet treat.
 - **Educational Discounts:** Board Vitals is offering 20% off all nursing question banks through May 12 with the code NURSES, and is also giving away free nursing stickers!
 - **Discounted Meal Kits:** Blue Apron is offering \$110 off the first four boxes plus free shipping on the first box and Home Chef offers an exclusive discount for healthcare workers, first responders, and teachers. Green Chef, a USDA-certified organic meal kit company, is offering medical workers 65% off and free shipping on the first box and an ongoing 15% discount for the first year. Just verify your status with ID.me and enjoy your meal!
 - **KIND Snacks:** You can stock up on snacks with a year-long 15% discount site-wide from KIND when you verify your status with ID.me at checkout.
 - **Free Costco Gift Card:** Join Costco Wholesale through ID.me and get a free \$30 gift card to spend in the store!

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- **Laird Superfood:** Verify your status as a healthcare worker at checkout and enjoy a site-wide 15% discount on creamers and coffee, drink mixes, snacks and more at Laird Superfood.
 - **Samsung:** Verify your status as a healthcare worker or first responder, and enjoy a 30% discount at Samsung. Their First Responders Offers Program also includes more perks like free delivery and 0% APR financing.
 - **YETI:** Access special pricing at Yeti.com after you verify your status as a nurse or other healthcare worker.
 - **Dunkin' Donuts:** The coffee and donut chain is offering a free cup 'o joe to nurses on May 6. No purchase necessary; all nurses need to do is stop into Dunkin' Donuts and provide proof they're healthcare providers to receive one free cup of hot or iced coffee at participating stores.

HAPPY NURSES WEEK
TO AN AMAZING NURSE!



THANK YOU
FOR PUTTING
SO MUCH
HEART INTO
EVERYTHING
YOU DO!

allwording.com



**HAPPY
NURSES WEEK**



**A heartfelt
th♥nks
for all you do**

National Nurses week



Write your special memories here!