



## PARENT/CHILD INCORPORATED - AUGUST 2025 MENU

\*\*\*Water to be offered at all times.\*\*\*

### Parent Menu



#### MONDAY 4

WG Mini Pancakes w/syrup  
Pineapple Tidbits  
Milk

WG Beef Steak Fingers  
Mashed Potatoes  
Mandarin Oranges  
Milk

WG Heartzel Pretzels  
Milk

#### MONDAY 11

WG Mini Waffles w/syrup  
Diced Peaches  
Milk

WG Beef Ravioli  
w/Tomato Sauce  
Mandarin Oranges  
Milk

WG Strawberry Waffle Graham  
Milk

#### MONDAY 18

WG English Muffin w/jam  
Pineapple Tidbits  
Milk

Beef w/Spanish Rice  
Pinto Beans  
Tropical Fruit  
WG Cornbread Loaf  
Milk

WG Animal Crackers  
Milk

#### MONDAY 25

WG Chocolate Chip French Toast  
Diced Peaches  
Milk

WG Spaghetti  
w/Ground Beef Sauce  
Mixed Vegetables  
Pineapple Tidbits  
Milk

WG Vanilla Chat Snax  
Milk

#### TUESDAY 5

Rice Chex  
Tropical Fruit  
Milk

WG Chicken Nuggets  
Green Beans  
Diced Peaches  
Milk

WG Orange Dream Muffin  
Milk

#### TUESDAY 12

WG Cheerios  
Pineapple Tidbits  
Milk

Cheesy Chicken Rice & Broccoli  
Casserole  
Tropical Fruit  
Milk

WG Cheese Its Crackers  
Milk

#### TUESDAY 19

Scrambled Egg Patty  
WG Flour Tortilla  
Mandarin Oranges  
Milk

BBQ Chicken Sandwich  
w/Whole Wheat Slider Bun  
Pickle Spear  
Diced Pears  
Milk

Low-fat Vanilla Yogurt  
Diced Peaches  
(Serve water)

#### TUESDAY 26

WG Cheerios  
Tropical Fruit  
Milk

Chicken & Broccoli Stir Fry  
Steamed White Rice  
Mandarin Oranges  
Milk

Low-fat Strawberry Yogurt  
Diced Strawberries  
(Serve water)

#### WEDNESDAY 6

WG English Muffin w/jam  
Applesauce  
Milk

WG Beef, Bean & Cheese Burrito  
Mixed Vegetables  
Diced Pears  
Milk

WG Animal Crackers  
Milk

#### WEDNESDAY 13

WG Biscuit w/jam  
Mandarin Oranges  
Milk

Bean & Cheese Taco  
w/WG Flour Tortilla  
Green Beans  
Applesauce  
Milk

Low-fat Strawberry Yogurt  
WG Graham Crackers  
(Serve water)

#### WEDNESDAY 20

Rice Crispies  
Banana  
Milk

Creamy Spinach Lasagna  
w/WG Lasagna Pasta  
Broccoli Normandy  
Pineapple Tidbits  
Milk

WG Banana Muffin  
Milk

#### WEDNESDAY 27

Turkey Sausage Patty  
Whole Wheat Toast w/jam  
Applesauce  
Milk

Three Cheese Fettucini Alfredo  
w/Fettucini Pasta  
Sliced Carrots  
Diced Peaches  
Milk

Banana  
Milk

#### THURSDAY 7

Kix Cereal  
Diced Peaches  
Milk

WG Turkey Pepperoni Pizza Pocket  
Sliced Carrots  
Mandarin Oranges  
Milk

WG Snack Crackers (States)  
Milk

#### THURSDAY 14

WG Corn Flakes  
Tropical Fruit  
Milk

Diced Turkey w/gravy  
Mashed Potatoes  
Pineapple Tidbits  
WG Dinner Roll  
Milk

WG Chocolate Graham Bear  
Milk

#### THURSDAY 21

WG Cinnamon Raisin Toast w/jam  
Diced Pears  
Milk

Chicken "Taco" Spaghetti Bake  
w/WG Spaghetti Pasta  
Green Beans  
Diced Peaches  
Milk

Low-Fat Colby Cheese Stick  
Saltine Crackers  
(Serve water)

#### THURSDAY 28

Corn Chex  
Mandarin Oranges  
Milk

Turkey Ham & Cheese Wrap (Mayo)  
WG Flour Tortilla  
Lettuce & Diced Tomato (Ranch)  
Tropical Fruit  
Milk

WG Chocolate Chip Muffin  
Milk

#### FRIDAY 1

WG Biscuit w/jam  
Mandarin Oranges  
Milk

Sloppy Joe's (Ground Beef)  
w/WG Hamburger Bun  
Pickle Spear  
Applesauce  
Milk

WG Graham Crackers  
Milk

#### FRIDAY 8

WG Mini French Toast (syrup)  
Pineapple Tidbits  
Milk

WG Fish Pattie (ketchup)  
Green Beans  
Tropical Fruit  
Milk

WG Honey Bun Goldfish  
Milk

#### FRIDAY 15

Turkey Sausage Patty  
Whole Wheat Toast w/butter  
Diced Peaches  
Milk

Hamburger w/ Beef Pattie (ketchup)  
w/WG HB Bun  
Pickle Spear  
Diced Pears  
Milk

Low-fat Cheddar Cheese Stick  
Ritz Crackers  
(Serve water)

#### FRIDAY 22

WG Pancake & Sausage Bites  
Applesauce  
Milk

Meatball Sub  
w/Spaghetti Sauce & Mozzarella Cheese  
WG Hot Dog Bun  
Mandarin Oranges  
Milk

WG Chocolate Tiger Grahams  
Milk

#### FRIDAY 29

WG Mini Waffles (syrup)  
Diced Pears  
Milk

Grilled Chicken Patty w/gravy  
Mashed Potatoes  
Pineapple Tidbits  
WG Dinner Roll  
Milk

Low-fat Mozzarella Cheese Stick  
Ritz Crackers  
(Serve water)