

Monday—August 4, 2025
Category of Staff: ECC's and Early Head Start Teachers, Health, Compliance, Disabilities
Site: Oblate School of Theology
285 Oblate
San Antonio, TX 78216

Time	Topic	Presenter
8:00 a.m. - 9:00 a.m.	<p style="text-align: center;">Circle Time/Tummy Time & Supervision/Safety Practices</p> <p>In this session, participants will learn the following when conducting Tummy Time or Circle time for Infants and Toddlers:</p> <ul style="list-style-type: none"> • Tummy Time - Opportunity for Infants to develop skills, such as rolling over, sitting up, crawling. • Circle Time - Opportunities for toddlers to socialize with each other and learn to be in a group. <p>Safety Practices are vital when caring for young children whether during Tummy Time or Circle Time.</p>	<p style="text-align: center;">Victoria Redwine, Peer/Coach Trainer, Parent/Child Inc.</p>
9:00 a.m. - 10:00 a.m.	<p style="text-align: center;">Substance Abuse</p> <p>This session will help participants distinguish between substance abuse and dependency. The trainer will also outline the sociocultural, psychodynamic, cognitive-behavioral, and biological factors that are associated with substance abuse to participants.</p>	<p style="text-align: center;">Tom Harper, Public Relations Coordinator, San Antonio Council on Alcohol & Drug Awareness</p>

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10:00 a.m. - 12:30 p.m.	<p style="text-align: center;">Classroom and Behavior Management Techniques</p> <p>In this session, participants will review the Pyramid expectations for young learners (0-2 years old), and explore proxemics, voice control and clear structures to prevent misbehaviors. Participants will also gain knowledge of suggestions for building a positive classroom climate and how to best address sever behaviors in the classroom. Also covered will be how to avoid and manage classroom burnout, and participants will receive access to an electronic resource folder.</p>	<p style="text-align: center;">Dr. Theresa Garfield, Professor, Texas A&M University at San Antonio</p>
12:30 p.m. - 2:00 p.m.	<p style="text-align: center;"><i>Lunch On Your Own</i></p>	
2:00 p.m. - 3:00 p.m.	<p style="text-align: center;">Attachment and Responsive Care Giving</p> <p>Responsive caregiving refers to caregiving and effective teaching practice that is nurturing and responsive to each individual child's temperament and needs. Responsive caregiving builds on social, responsive back and forth interactions with a child. Each participant will learn that nurturing is the actions demonstrated by a caregiver, to provide support and/or nourishment to help a child develop.</p>	<p style="text-align: center;">Victoria Redwine, Peer/Coach Trainer, Parent/Child Inc.</p>

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Time	Topic	Presenter
3:00 p.m. - 4:00 p.m.	<p>Sudden Infant Death/Shaken Baby Syndrome/Brain Development</p> <p>In this session, participants will understand SIDS and Shaken Baby Syndrome, Review Factors that cause it, learn practices for intervention and prevention to include causes and symptoms of Shaken Baby Syndrome and how to promote Brain Development in the classroom that effects the Physical, Social, Cognition, and Emotional development of the child.</p>	<p>Laura Galindo, HS-EHS Coach/Bi-lingual Teacher, Parent/Child Inc.</p>
4:00 p.m. - 5:00 p.m.	<p>Guidance and Discipline</p> <p>In this session, participants will become familiar with the Operational Discipline and Guidance Policy as required by Texas Minimum Standards. In addition, participants will learn about the strengths and weaknesses of various disciplinary styles and explore strategies for setting and enforcing healthy limits. Participants will also learn to use the most appropriate guidance and discipline practices that focus on ways to encourage and strengthen positive behavior.</p>	<p>Laura Galindo, HS-EHS Coach/Bi-lingual Teacher, Parent/Child Inc.</p>

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Time	Topic	Presenter
8:00 a.m. - 9:15 a.m.	Administering Medication In this session participants will learn the correct procedures for administering medication to the children along with the rules and regulations on accepting medications from parents and guardians for administering to the children.	Virginia Ledesma, RN, Parent/Child Inc.
9:15 a.m. - 10:15 a.m.	Preventing the Spread of Communicable Diseases/Immunizations/Bloodborne Pathogens In this session participants will learn about the ways to effectively prevent the spread of diseases and bloodborne pathogens. Discussed will also be immunizations needed by the children of each age group.	Virginia Ledesma, RN, Parent/Child Inc.
10:15 a.m. - 11:15 a.m.	Recognition, Prevention and Reporting Child Maltreatment In this session, participants will learn essential information and training on recognizing, preventing and responding to child abuse and neglect and will learn procedures for Reporting Child Abuse and Neglect as the Texas Law requires it. Participants will receive community resources that have training programs available for Employees, Children, and Parents.	Felicia Avalos, Education Manager; Child Safe

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Time	Topic	Presenter
11:15 a.m. - 12:30 p.m.	ASQ Screenings/Children with Special Needs In this session, participants will discuss and learn how children with special needs require more care for their physical, developmental, behavioral, or emotional differences than their typically developing peers. Participants will learn how to focus on what children can do based on their individual ability, rather than their limitations due to their disability.	Jennifer Barrientes & Monica Villarreal, Disability Specialists, Parent/Child Inc.
12:30 p.m. - 2:00 p.m.	Lunch On Your Own	
2:00 p.m. - 3:00 p.m.	Handling, Storing and Disposing of Hazardous Materials In this session, participants will gain knowledge on how to safely manage, store, and dispose of hazardous materials. Participants will also learn common hazardous materials in a childcare setting and protective strategies to always ensure chemicals are stored safely, away from children.	Victoria Redwine, Peer/Coach Trainer, Parent/Child Inc.
3:00 p.m. - 4:00 p.m.	Why do we observe young Children? How do we connect observations with Assessment? In this session, participants will gain knowledge on how to obtain the strengths and needs of each through observations and how to connect observations to assessment.	Laura Galindo, HS-EHS Coach/Bi-lingual Teacher, Parent/Child Inc.

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4:00 p.m. - 5:00 p.m.	Emergency Preparedness In this session, Participants will learn that Emergency preparedness is the planning and practice to ensure a safe, swift, and effective response in any emergency. It involves risk assessment and prevention strategies and stockpiling critical supplies such as food, water, medical equipment, personal protective equipment (PPE), and other necessities before an emergency.	Laura Galindo, HS-EHS Coach/Bi-lingual Teacher, Parent/Child Inc.

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Time	Topic	Presenter
8:00 a.m. - 9:00 a.m.	Administering Medication In this session, participants will gain an understanding of our policies and procedures regarding administering medicine to the children in our care. This will ensure that the right child, right drug, right dose, right time, and the right documentation is conducted as per Licensing Standards.	Virginia Ledesma, RN, Parent/Child Inc.
9:00 a.m. - 10:30 a.m.	Preventing the Spread of Communicable Diseases/Immunization/Bloodborne Pathogens In this session, participants will gain knowledge about communicable diseases and illness in young children. Participants will also learn why immunizations for young children are important and learn the ages and doses of immunizations that must be administered by the child's Physician at each age milestone.	Virginia Ledesma, RN, Parent/Child Inc.
10:30 a.m. - 11:30 a.m.	Substance Abuse This session will help participants distinguish between substance abuse and dependency. The trainer will also outline the sociocultural, psychodynamic, cognitive-behavioral, and biological factors that are associated with substance abuse to participants.	Tom Harper, Public Relations Coordinator; San Antonio Council on Alcohol & Drug Awareness

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4:00 p.m. – 5:00 p.m.	Child Incident Initiative In this session, participants will describe the factors that contribute to child incidents in the Head Start program environments and strategies to prioritize the safety of all children. Participants will also explore root causes, analyze tools to address and prevent child safety issues as well. Also, participants will gain knowledge, skills and methods to promote positive guidance approaches to responsive caregiving relationships.	Laura Galindo, HS/EHS Coach/ Bi-lingual Teacher, Parent/Child Inc.

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8:00 a.m. - 9:00 a.m.	Data Overview In this session participants will explore the various types of data that all Head Start teachers should be aware of and fluent with interpreting the data results in order to meet the needs of each individual child. Teachers will go over complete and interpret ASQ data, how to interpret Smart Teach Student Data Reports after each assessment to develop target goals, and how to record Anecdotal Notes and use the notes to develop individual student goals.	Lisa Walker, Education Coordinator, Parent/Child Inc.
9:00 a.m. - 10:00 a.m.	Recognition, Prevention and Reporting Child Maltreatment In this session, participants will learn essential information and training on recognizing, preventing and responding to child abuse and neglect and will learn procedures for Reporting Child Abuse and Neglect as the Texas Law requires it. Participants will receive community resources that have training programs available for Employees, Children, and Parents.	Felicia Avalos, Education Manager, Child Safe
10:00 a.m. - 12:30 p.m.	Classroom and Behavior Management Techniques In this session, participants will review the Pyramid expectations for young learners (3-5 years old), and explore proxemics, voice control and clear structures to prevent misbehaviors. Participants will also gain knowledge of suggestions for building a positive classroom climate and how to best address sever behaviors in the classroom. Also covered will be how to avoid and manage classroom burnout, and participants will receive access to an electronic resource folder.	Dr. Theresa Garfield, Professor, Texas A&M University at San Antonio
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Time	Topic	Presenter
2:00 p.m. - 3:00 p.m.	<p style="text-align: center;">Overcoming Burnout</p> <p>In this session managing stress and preventing burnout to provide high-quality care and support to young children will be discussed. Participants will learn to prioritize self-care, create a support system, how to practice mindfulness, set boundaries, and by practicing effective time management and communication to build resilience and thrive in their role as an early childhood educator.</p>	<p>Lisa Walker, Education Coordinator, Parent/Child Inc.</p>
3:00 p.m. - 5:00 p.m.	<p style="text-align: center;">Overview of CLASS (The Classroom Assessment Scoring System)</p> <p>In this session, participants will learn effective interactions, as defined by the CLASS rubric, to help build relationships that support children's development. Participants, upon completion of the session will be able to measure the quality of teacher-student interactions to build stronger and more positive connections in the classroom.</p>	<p>Lisa Walker, Education Coordinator, Parent/Child Inc.</p>