



# PARENT GAZETTE

Parent/Child Incorporated (PCI)

SEPTEMBER/ OCTOBER 2025



## Spreading the Joy this Season

Dear Parents and Guardians,



We are filled with excitement and renewal as we welcome the vibrant colors of fall and the changing seasons. The crisp air and colorful leaves remind us of the beauty of growth and transformation, much like the journey our students will embark on this school year.

We are delighted to have your children in our care and are dedicated to providing them a nurturing and enriching environment. Our committed staff is working diligently to ensure each student has a successful and fulfilling experience this fall.

Thank you for your ongoing support and involvement in our school community. Together, we can ensure that this season will be memorable and productive for all our students.

Warm regards,



Dr. Sharon Small

Chief Executive Officer/HS/EHS Director  
MEd, MA, PhD



**"Autumn shows us  
how beautiful it is  
to let things go."**

—UNKNOWN



# October is Head Start Awareness Month



## October is Head Start Awareness Month!

This October, we proudly celebrate Head Start Awareness Month—a time to honor the dedication, impact, and legacy of Head Start and Early Head Start programs across the nation. Since 1965, Head Start has been a vital force in giving children from underserved communities a strong start through comprehensive early childhood education, health, nutrition, and family support services.

Throughout the month, we recognize the teachers, staff, families, and community partners who work tirelessly to ensure every child has the opportunity to grow, learn, and thrive. Together, we are building brighter futures—one child at a time!

Join us in celebrating by sharing your Head Start story, volunteering, or simply saying thank you to the incredible individuals who make this work possible. Let's continue to advocate for every child's right to a strong start in life.

Celebrate Head Start Awareness Month with Us!

In honor of Head Start Awareness Month, PCI parents, guardians, and staff are invited to create their own unique Head Start/Early Head Start mum to help spread the message:

*"We are not mum about Head Start/Early Head Start!"*

Date: Wednesday, October 1, 2025.

What to Wear:

- Wear your Head Start mum with red, white, and blue to showcase your Head Start colors.
  - Staff: Wear your red or blue PCI T-shirt with jeans!
- Let's come together to share and celebrate the many benefits of PCI's Head Start/Early Head Start program!





# Flu Season

As we enter the fall season, we want to remind you of the importance of staying vigilant during flu season, especially with COVID-19. The health and well-being of our students, staff, and community remain our top priority.

Here are some key points to keep in mind:

- **Flu Vaccinations:** We strongly encourage everyone to get their annual flu shot. Vaccinations are crucial in protecting against the flu and reducing the burden on our healthcare system.
- **COVID-19 Precautions:** Please follow the guidelines that are recommended to prevent the spread of COVID-19.
- **Symptom Awareness:** Be aware of the symptoms of both the flu and COVID-19. If your child exhibits symptoms such as fever, cough, sore throat, or difficulty breathing, please keep them at home and consult a healthcare provider.
- **Healthy Habits:** Encourage your children to maintain healthy habits such as covering coughs and sneezes, washing hands regularly, and avoiding close contact with sick individuals.
- **Please keep an eye on this:** Please stay updated with information from reputable sources such as the Centers for Disease Control and Prevention (CDC) and your local health department.



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## BREAST CANCER

### Awarenes Month

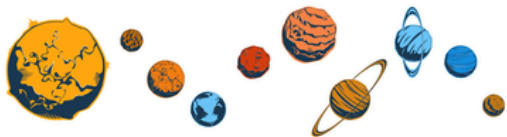
Every challenge you face brings  
you one step closer to victory





# PCI's S.T.R.E.A.M. Dream Team Solar System Week October 6th-10th

PREPARE FOR A COSMIC ADVENTURE WITH YOUR LITTLE ONES DURING SPACE WEEK AT PCI! JOIN US AS WE JOURNEY THROUGH THE STARS, DISCOVERING PLANETS, MOONS, AND GALAXIES. YOUR CHILD'S CURIOSITY WILL REACH NEW HEIGHTS AS THEY LEARN ABOUT OUR SOLAR SYSTEM. PLEASE TAKE A MOMENT TO SHOW THEM THE NIGHT SKY AND READ A BOOK ABOUT SPACE.



PARENTS: BRING OUT YOUR INNER ASTRONAUT AND HELP YOUR CHILD CREATE A SOLAR SYSTEM FOR SHOW AND TELL ON MONDAY, OCTOBER 6TH.

ON OCTOBER 8<sup>TH</sup>, SPACE GLOBAL CARDBOARD CHALLENGE JOIN US ON OCTOBER 10<sup>TH</sup> - HELP YOUR CHILD MAKE AN ALIEN IN CLASS!



## PARENT/CHILD INCORPORATED SPACE CARDBOARD CHALLENGE

OCTOBER 8TH AT ALL  
PCI EARLY LEARNING CENTERS



### Let's Get Creative! Join the Global Cardboard Challenge

Help your child unleash their imagination by participating in the Global Cardboard Challenge! Inspired by Caine's Arcade, this fun, hands-on event invites children to build anything they dream up using cardboard and recycled materials. It's a great way to support creativity, problem-solving, and teamwork. Let's turn cardboard into something amazing—together! The Great Reveal Day is October 8, 2025, at all PCI Early Learning Centers!

## Parent/Child Incorporated Empower Your Parenting Journey!

The Parent Curriculum Training is designed to give families an overview of what their children learn in the classroom and how they can support that learning at home. It strengthens the home-school connection by involving parents as active partners in their child's growth and education.



## JOIN US ON ZOOM!

Contact your child's ECC  
for the Zoom link ✓  
October 21, 2025 ✓  
Start at 11:00 - 12:00 p.m. ✓



Lisa Walker - Education Coordinator



### HEALTH/MENTAL HEALTH/NUTRITION ADVISORY MEETING

Join us via Zoom on Wednesday, October 22nd,  
from 11:30 a.m. to 1:00 p.m.

Discover the latest developments in health, mental health, and nutrition—and how to incorporate them into your daily life for lasting wellness!



Please contact your child's Education Center Coordinator for the Zoom information link.





# PARENT/CHILD INCORPORATED

**RED RIBBON WEEK October 27-31, 2025**

RED RIBBON WEEK IS AN ALCOHOL, TOBACCO, SMOKING, AND OTHER DRUG AND VIOLENCE PREVENTION AWARENESS CAMPAIGN OBSERVED ANNUALLY IN OCTOBER IN THE UNITED STATES. IT BEGAN IN 1985 AS A TRIBUTE TO FALLEN DEA SPECIAL AGENT ENRIQUE CAMERENA. RED RIBBON WEEK IS THE NATION'S MOST SIGNIFICANT AND LONGEST-RUNNING DRUG AWARENESS AND PREVENTION PROGRAM. DRESS-UP DAYS ARE A WAY TO GET THE AGENCY INVOLVED AND SHOW SUPPORT.

## Red Ribbon Dress Up Activity List

**27**  
MONDAY

### **Proud to be Drug-Free!**

Wear Red to help kick off  
Red Ribbon Week!

**28**

### **Give Drugs the Boot!**

Give drugs the Boot! ...Wear  
your favorite western wear with  
your jeans and boots!

**29**

### **Team up, and be Drug Free!**

Wear your favorite team jersey  
or t-shirt with your jeans!

**30**

### **It's crazy to do drugs!**

Wear crazy socks and crazy hair!

**31**

### **Spook Out Against Drugs!**

Wear your favorite Halloween  
costume!



JOIN US FOR PARENT/CHILD INCORPORATED

# FALL LITERACY FESTIVAL

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October 24th | 5PM - 8PM

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Rides - Food  
Costume Competition

LOCATION: KIDDIE PARK

3903 N ST. MARY'S STREET,

SAN ANTONIO, TX 78212

Tickets can be purchased at your child's Early Learning Center  
before the event date!





# Fall Sensory Tree: A Fun Scoop and Pour Activity

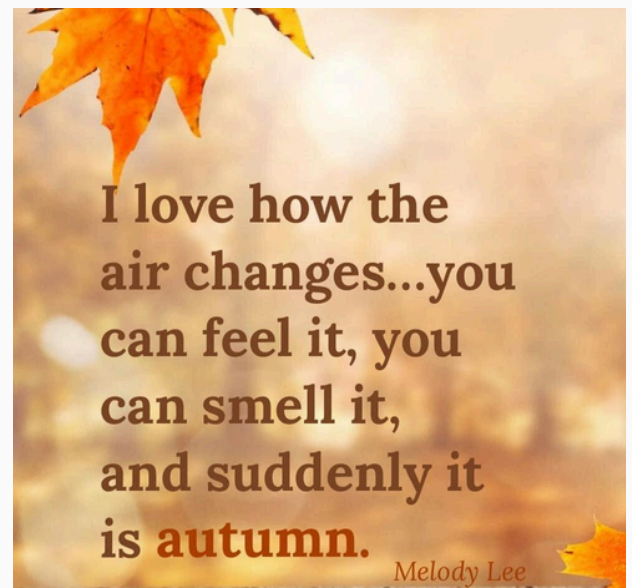
Fall brings a sensory wonderland for young explorers! Engage kids in a collection of textures, colors, and scents with autumn-inspired sensory play. Let them squish and mold pumpkin-scented playdough, rustle through crunchy leaves, and uncover hidden treasures in sensory bins filled with acorns, pinecones, and colorful leaves. Dip little fingers into warm cinnamon-scented rice, creating sensory-rich landscapes that ignite their imagination and provide a multisensory learning experience amidst the season's magic!

This Fall Sensory Tree has all the elements of a good fall sensory bin, but it's a tree. You'll need to do a little crafting to make your tree, but the enjoyment your child will experience while filling and decorating the leaves is worth the effort.

## Educational Benefits

**Sensory Exploration:** This activity provides a multi-sensory experience, allowing children to engage their sense of touch, sight, and even smell through the natural items.

**Cognitive Learning:** As children interact with natural elements, they develop an understanding of the textures, shapes, and colors associated with the fall season. Incorporating natural items in the activity promotes an appreciation for the beauty and diversity of the fall environment.



# Fall Craft



Fall is an excellent time for crafting with kids. Here are some delightful fall craft ideas that your little ones will enjoy: Leaf People Fall Craft: Create adorable leaf people by attaching leaves to paper and adding googly eyes, yarn for hair, and markers for facial features. It's a fun way to celebrate the changing leaves!



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