



PARENT/CHILD INCORPORATED - FEBRUARY 2026 MENU

Parent Menu



Food served is observance of Black History Month

MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY	6
WG English Muffin w/jam Tropical Fruit Milk		WG Corn Flakes Mandarin Oranges Milk		Turkey Sausage Patty Whole Wheat Toast w/butter Applesauce Milk		Rice Chex Pineapple Tidbits Milk		WG Mini French Toast w/syrup Diced Pears Milk	
WG Beef Ravioli w/Tomato Sauce Diced Peaches Milk		Chicken Teriyaki w/Stir Fry Vegetables Steamed White Rice Pineapple Tidbits Milk		Macaroni & Cheese w/Elbow Pasta Steamed Broccoli Banana Milk		Turkey Stew w/Potatoes & Sliced Carrots Diced Peaches WG Garlic Bread Stick Milk		Cajun "Dirty Rice" w/Ground Beef Mixed Vegetables Tropical Fruit Milk	
WG Cheese Its Crackers Milk		Low-fat Strawberry Yogurt WG Graham Crackers (Serve water)		WG Chocolate Graham Bears Milk		Low-fat Cheddar Cheese Stick Ritz Crackers (Serve water)		WG Banana Muffin Milk	
MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13
WG Mini Pancakes w/syrup Mandarin Oranges Milk		WG Bagel w/cream cheese Diced Peaches Milk		WG Cheerios Diced Pears Milk		WG Biscuit w/jam Pineapple Tidbits Milk		Scrambled Egg Patty WG Flour Tortilla Applesauce Milk	
WG Spaghetti w/Ground Beef Sauce Green Beans Pineapple Tidbits Milk		Cheesy Scalloped Potatoes w/Diced Chicken Tropical Fruit WG Dinner Roll Milk		Baked Penne Pasta w/Beef Meatballs & Mozzarella Cheese Garden Salad w/Ranch Mandarin Oranges Milk		Chicken & Cheese Enchilada Casserole w/Corn Tortillas Ranch Style Beans Tropical Fruit Milk		Sliced Ham (Turkey) w/gravy Mashed Sweet Potatoes Diced Pears WG Cornbread Loaf Milk	
WG Cheddar Goldfish Milk		Low-fat Mozzarella Cheese Stick Applesauce (Serve water)		Banana Milk		Low-fat Vanilla Yogurt Diced Peaches (Serve water)		WG Heartzel Pretzels Milk	
President's Day									
MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20
Staff Development Day WG Mini Waffles (syrup) Tropical Fruit Milk		Rice Crispies Pineapple Tidbits Milk		Turkey Sausage Patty WG Cinnamon Raisin Toast w/jam Applesauce Milk		Kix Cereal Diced Peaches Milk		WG English Muffin w/jam Diced Pears Milk	
WG Chicken Nuggets Mixed Vegetables Diced Peaches Milk		Beef Stroganoff w/Egg Noodles Broccoli Normandy Mandarin Oranges Milk		Bean & Cheese Chalupa Romaine & Tomato w/Ranch WG Flour Tortilla (EHS) Green Beans (EHS) Banana Milk		Turkey Alfredo w/Fettuccini Pasta Sliced Carrots Tropical Fruit Milk		BBQ Chicken Sandwich WG Slider Buns Baked Beans Mandarin Oranges Milk	
WG Vanilla Graham Bear Milk		WG Snack Crackers "Presidents" Milk		Low-fat Strawberry Yogurt WG Strawberry Waffle Graham (Serve Water)		WG Apple Cinnamon Muffin Milk		WG Vanilla "Sports" Graham Bites Milk	
MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27
WG Mini Chocolate Chip French Toast Pineapple Tidbits Milk		WG Biscuit w/jam Mandarin Oranges Milk		WG Corn Flakes Banana Milk		WG Bagel w/jam Applesauce Milk		Scrambled Egg Patty WG Wheat Toast w/butter Mandarin Oranges Milk	
Fideo Loco w/Ground Beef & Pinto Beans Diced Pears Milk		Chicken Caldillo (Chicken Soup) Sliced Carrots & Potatoes Tropical Fruit Saltine Crackers Milk		Bean & Cheese Taco WG Flour Tortilla Green Beans Diced Peaches Milk		Cheesy Chicken Rice & Broccoli Casserole Tropical Fruit Milk		Beef Patty w/gravy Mashed Potatoes Pineapple Tidbits WG Dinner Roll Milk	
WG Animal Crackers Milk		WG Rainbow Goldfish Milk		WG Chocolate Chip Muffin Milk		Low-fat Vanilla Yogurt Diced Strawberries (Serve Water)		Low-fat Colby Cheese Stick Ritz Crackers (Serve Water)	