



PARENT/CHILD INCORPORATED - MARCH 2026 MENU



MONDAY 2

WG English Muffin w/jam
Diced Pears
Milk

Beef Meatballs w/gravy
Green Beans
Diced Peaches
WG Garlic Breadstick
Milk

WG Cheddar Goldfish
Milk

TUESDAY 3

Rice Chex
Pineapple Tidbits
Milk

Chicken Alfredo
w/Bowtie Pasta
Sliced Carrots
Tropical Fruit
Milk

Low-fat Strawberry Yogurt
WG Graham Crackers
(Serve water)

WEDNESDAY 4

Turkey Sausage Patty
Whole Wheat Toast w/butter
Mandarin Oranges
Milk

Macaroni & Cheese
w/Elbow Pasta
Green Beans
Banana
Milk

WG Apple Cinnamon Graham Bear
Milk

THURSDAY 5

WG Cheerios
Tropical Fruit
Milk

Chicken Stir Fry
w/Stir Fry Vegetables
Steamed White Rice
Diced Peaches
Milk

Low-fat Cheddar Cheese Stick
Ritz Crackers
(Serve water)

FRIDAY 6

WG Mini Pancakes w/syrup
Pineapple Tidbits
Milk

Hamburger w/Beef Pattie (ketchup)
Whole Wheat HB Bun
Lettuce & Tomato w/Ranch
Diced Pears
Milk

WG Blueberry Muffin
Milk

MONDAY 9

TUESDAY 10

WEDNESDAY 11

THURSDAY 12

FRIDAY 13



***** MARCH 9 - 13, 2026**

SPRING BREAK ***



MONDAY 16

***Staff Development Day (PCI) ***

WG Mini Pancakes w/syrup
Diced Pears
Milk

WG Chicken Pattie
Green Beans
Diced Peaches
Milk

WG Tiger Graham Bites
Milk

TUESDAY 17

WG Cinnamon Raisin Toast w/jam
Mandarin Oranges
Milk

Cheesy Chicken Rice
& Broccoli Casserole
Tropical Fruit
Milk



Low-fat Mozzarella Cheese Stick
Applesauce
(Serve water)

WEDNESDAY 18

WG Corn Flakes
Banana
Milk

Cheesy Spaghetti Bake
w/WG Spaghetti Pasta
Garden Salad w/Thousand Island
Diced Pears
Milk

WG Mini Orange Muffin
Milk

THURSDAY 19

WG English Muffin w/jam
Diced Peaches
Milk

Ham (Turkey) & Cheese Sandwich
w/White Wheat Bread
Dill Pickle Spear
Mandarin Oranges
Milk

Low-fat Strawberry Yogurt
Diced Strawberries
(Serve water)

FRIDAY 20

Turkey Sausage Patty
WG Banana Bread Loaf
Tropical Fruit

Sloppy Joe's (Ground Beef)
White Wheat HB Buns
Baked Beans
Pineapple Tidbits
Milk



WG Rainbow Goldfish
Milk

MONDAY 23

WG Mini Chocolate Chip French Toast
Applesauce
Milk

Chili Con Carne
w/Pinto Beans
Diced Peaches
Saltine Crackers
Milk

WG Cheese Its Crackers
Milk

TUESDAY 24

WG Kix Cereal
Tropical Fruit
Milk

Cheesy Scalloped Potatoes
w/Diced Chicken
Pineapple Tidbits
WG Dinner Roll
Milk

WG Chocolate Chip Muffin
Milk

WEDNESDAY 25

Scrambled Egg Patty
Whole Wheat Toast w/butter
Mandarin Oranges
Milk

Bean & Cheese Taco
WG Flour Tortilla
Steamed Broccoli
Diced Pears
Milk

Banana
Milk

THURSDAY 26

WG Cheerios
Pineapple Tidbits
Milk

Chicken Fajita
w/Fiesta Blend Vegetables
Spanish Rice
Tropical Fruit
Milk

Low-fat Vanilla Yogurt
Diced Peaches
(Serve water)

FRIDAY 27

WG Biscuit w/jam
Mandarin Oranges
Milk

Baked Penne Pasta
w/Ground Beef Sauce
Green Beans
Diced Pears
Milk

WG Vanilla "Sports" Graham Bites
Milk

MONDAY 30

WG Mini Waffles w/syrup
Tropical Fruit
Milk

Beef Lasagna (Ground Beef Sauce)
w/WG Lasagna Pasta
Broccoli Normandy
Pineapple Tidbits
Milk

WG Animal Crackers
Milk

TUESDAY 31

WG Bagel w/jam
Diced Peaches
Milk

Chicken & Cheese Enchiladas
w/Corn Tortillas
Ranch Style Beans
Diced Pears
Milk

Low-Fat Colby Jack Cheese Stick
Ritz Crackers
(Serve water)