Parent Menu - PCI

PARENT/CHILD INCORPORATED - APRIL 2026 MENU

		WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		Rice Chex Applesauce Milk Macaroni & Cheese w/Elbow Pasta Green Beans Banana Milk Lowfat Strawberry Yogurt WG Graham Crackers (Serve water)	WG English Muffin w/jam Diced Pears Milk Turkey (Ham) & Cheese Sandwich w/Whole Wheat Bread (mayo) WG Cheddar Sunchips Dill Pickle Spear Mandarin Oranges Milk WG Blueberry Muffin Milk	** Good Friday ** Holiday

MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
** Easter Monday ** Holiday	WG Mini Waffles w/syrup Diced Peaches Milk Chicken Alfredo w/Bowtie Pasta Steamed Broccoli Tropical Fruit Milk WG Honey Bun Goldfish Milk	WG Biscuit w/jam Tropical Fruit Milk Bean & Cheese Taco WG Flour Tortilla Garden Salad w/Thousand Island Diced Pears Milk WG Cheese Its Crackers Milk	WG Corn Flakes Banana Milk Turkey Noodle Casserole w/Egg Noodles Green Beans Mandarin Oranges Milk WG Apple Cinnamon Muffin Milk	Turkey Sausage Patty WG Cinnamon Raisin Toast w/jam Diced Peaches Milk Sloppy Joe (Ground Beef) WG White HB Bun Baked Beans Pineapple Tidbits Milk Low-fat Mozzarella Cheese Stick Ritz Crackers (Serve water)

MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
WG Mini French Toast w/syrup Diced Pears Milk Beef Meatballs w/gravy Mashed Potatoes Tropical Fruit WG Garlic Breadstick Milk WG Rainbow Goldfish Milk	WG Kix Cereal Diced Peaches Milk Cheesy Chicken Rice & Broccoli Casserole Mandarin Oranges Milk Low-fat Vanilla Yogurt Blueberries (Serve water)	Scrambled Egg Patty WG Flour Tortilla Tropical Fruit Milk Penne Pasta Bake w/Spaghetti Sauce Shredded Mozzarella Cheese Pineapple Tidbits Milk Banana Milk	Rice Crispies Mandarin Oranges Milk Cheesy Scalloped Potatoes w/Diced Chicken Diced Pears WG Dinner Roll Milk Low-fat Cheddar Cheese Stick Saltine Crackers (Serve water)	WG English Muffin w/jam Applesauce Milk WG Beef Ravioli w/Tomato Sauce Diced Peaches Milk WG Chocolate Chip Muffin Milk

********** Fiesta Week!! **********

MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
WG Mini Pancakes w/syrup Mandarin Oranges Milk Frito Pie w/Chili Con Carne & Pinto Beans Shredded Cheese Pineapple Tidbits Milk WG Animal Crackers Milk	WG Biscuit w/jam Tropical Fruit Milk Chicken Fajita w/bell peppers w/Fiesta Blend Vegetables Spanish Rice Diced Peaches Milk WG Banana Muffin Milk	WG Cheerios Diced Pears Milk Bean & Cheese Chalupa Lettuce & Tomato w/Ranch WG Flour Tortilla (EHS) Green Beans (EHS) Pineapple Tidbits Milk WG Vanilla "Sports" Graham Bites Milk	Turkey Sausage Patty Whole Wheat Toast w/butter Diced Peaches Milk WG Beef Tamales Black Bean & Corn Salad w/Diced Tomatoes Tropical Fruit Milk Fresh Mandarin Orange Milk	** Battle of Flowers ** Holiday

MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30
WG Mini Chocolate Chip French Toast Tropical Fruit Milk Beef Lasagna (Ground Beef Sauce) w/WG Lasagna Pasta Broccoli Normandy Diced Pears Milk WG Chocolate Graham Bear Milk	WG Kix Cereal Mandarin Oranges Milk Chicken & Cheese Enchiladas w/Corn Tortillas Ranch Style Beans Pineapple Tidbits Milk WG Cheddar Goldfish Milk	Scrambled Egg Patty WG Cinnamon Raisin Toast w/jam Diced Peaches Milk Cheesy Spaghetti Bake w/WG Spaghetti Pasta Garden Salad w/Ranch Banana Milk WG Mini Orange Muffin Milk	WG Corn Flakes Tropical Fruit Milk Diced Turkey w/gravy Mashed Potatoes Mandarin Oranges WG Dinner Roll Milk Low-fat Vanilla Yogurt Sliced Strawberries (Serve water)

** WG = Whole Grain WW= Whole Wheat

Menu is reviewed and approved by a Dietician

Water offered at all times