



PARENT/CHILD INCORPORATED - JUNE 2026 MENU

Parent Menu



Water to be offered at all times.

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
WG Mini Pancakes w/syrup Applesauce Milk	WG Biscuit w/jam Tropical Fruit Milk	WG Kix Cereal Diced Peaches Milk	Turkey Sausage Patty Whole Wheat Toast w/butter Pineapple Tidbits Milk	WG Mini Waffles w/syrup Tropical Fruit Milk
Frito Pie w/Chili Con Carne & Pinto Beans Shredded Cheddar Cheese Madarin Oranges Milk	Chicken Teriyaki w/Broccoli & Carrots Steamed White Rice Pineapple Tidbits Milk	Macaroni & Cheese w/Elbow Pasta Green Beans Diced Pears Milk	Diced Turkey w/gravy Mashed Potatoes Mandarin Oranges WG Dinner Roll Milk	Beef & Spanish Rice Pinto Beans Diced Pears Milk
WG Rainbow Goldfish Milk	WG Blueberry Muffin Milk	Low-fat Vanilla Yogurt Diced Strawberries (Serve water)	WG Apple Cinnamon Bear Milk	Low-fat Cheddar Cheese Stick Ritz Crackers (Serve water)
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
WG Mini French Toast (syrup) Mandarin Oranges Milk	WG Cheerios Diced Pears Milk	Scrambled Egg Patty WG Flour Tortilla Diced Peaches Milk	WG Corn Chex Tropical Fruit Milk	WG English Muffin w/jam Diced Pears Milk
Cheesy Scalloped Potatoes w/Ground Beef Pineapple Tidbits WG Garlic Breadstick Milk	Soft Chicken Taco WG Flour Tortilla Romaine Lettuce & Tomato w/Ranch Tropical Fruit Milk	Deli Turkey Ham Slice Low-Fat Mozzarella Cheese Stick Ritz Crackers Pickle Spear Fresh Mandarin Orange Milk	Chicken Pasta (Diced Chicken) w/Penne Pasta & Spaghetti Sauce Broccoli Normandy Pineapple Tidbits Milk	WG Beef Ravioli w/Tomato Sauce Diced Peaches Milk
WG Cheese Its Crackers Milk	WG Cheddar Goldfish Milk	Low-fat Strawberry Yogurt WG Graham Crackers (Serve water)	WG Banana Muffin Milk	WG Chocolate Graham Bear Milk
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
WG Mini Waffles w/syrup Tropical Fruit Milk	Turkey Sausage Patty WG Cinnamon Toast w/butter Diced Peaches Milk	WG Corn Flakes Banana Milk	WG Chocolate Chip French Toast Diced Pears Milk	WG Biscuit w/jam Mandarin Oranges Milk
WG Spaghetti Pasta w/Ground Beef Sauce Mixed Vegetables Pineapple Tidbits Milk	Cheesy Chicken & Rice Casserole w/Broccoli Mandarin Oranges Milk	Bean & Cheese Taco w/WG Flour Tortilla Shredded Carrots w/Ranch Tropical Fruit Milk	Hamburger w/Beef Pattie (Ketchup) w/Whole Wheat Hamburger Bun Pickle Spear Pineapple Tidbits Milk	WG Chicken Nuggets Green Beans Diced Peaches Milk
WG Chocolate Graham Scooby Snack Milk	Low-fat Colby Cheese Stick Saltine Crackers (Serve water)	WG Mini Orange Muffin Milk	Low-fat Vanilla Yogurt Diced Strawberries (Serve water)	WG White Cheddar Cheese Its Milk
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
WG Mini Pancakes w/syrup Diced Pears Milk	WG Rice Crispies Tropical Fruit Milk	WG English Muffin w/jam Applesauce Milk	WG Cheerios Pineapple Tidbits Milk	Scrambled Egg Patty WG Flour Tortilla Mandarin Oranges Milk
Beef Meatballs w/gravy Mashed Potatoes Pineapple Tidbits WG Dinner Roll Milk	Chicken Alfredo w/Bowtie Pasta Garden Salad w/Thousand Island Diced Peaches Milk	Bean & Cheese Chalupa WG Flour Tortilla (EHS) Green Beans Diced Pears Milk	Turkey (Ham) & Cheese Sandwich w/ White Wheat Bread (Mayo) Pickle Spear Diced Peaches Milk	BBQ Beef Sandwich w/WG Slider Brioche Bun Baked Beans Tropical Fruit Milk
WG Vanilla "Sport" Graham Bites Milk	WG Chocolate Chip Muffin Milk	Fresh Mandarin Orange Low-fat Mozzarella Cheese Stick (Serve water)	WG Graham Crackers Milk	WG Cheddar Sunchips Milk
MONDAY 29	TUESDAY 30	EHS Summer Vacation		
EHS Summer Vacation				

Juneteenth Holiday

PCI Closed 6/19



** WG = Whole Grain WW= Whole Wheat

Menu is reviewed and approved by a Dietician

** Water offered at all times**