PARENT MENU

PARENT/CHILD INCORPORATED - AUGUST 2026 MENU

Water to be offered at all times.

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
WG Mini French Toast w/syrup Pineapple Tidbits Milk	Rice Chex Tropical Fruit Milk	WG English Muffin w/jam Applesauce Milk	WG Corn Flakes Diced Peaches Milk	WG Bagel w/cream cheese Pineapple Tidbits Milk
WG Beef Steak Fingers Mashed Potatoes Mandarin Oranges Milk	WG Chicken Nuggets Green Beans Diced Peaches Milk	WG Beef, Bean & Cheese Burrito Mixed Vegetables Diced Pears Milk	WG Turkey Pepperoni Pizza Sliced Carrots Mandarin Oranges Milk	WG Chicken Pattie (ketchup) Green Beans Tropical Fruit Milk
WG Cinnamon Graham Bear Milk	WG Orange Dream Muffin Milk	WG Animal Crackers Milk	WG Snack Crackers (States) Milk	WG Pretzel Goldfish Milk
MONDAY 10	**TUESDAY 11**	**WEDNESDAY 12**	**THURSDAY 13**	**FRIDAY 14**
WG Mini Pancakes w/syrup Diced Peaches Milk	WG Cheerios Pineapple Tidbits Milk	WG Biscuit w/jam Mandarin Oranges Milk	WG Kix Cereal Tropical Fruit Milk	Turkey Sausage Patty Whole Wheat Toast w/butter Diced Peaches Milk
WG Beef Ravioli w/Tomato Sauce Mandarin Oranges Milk	Cheesy Chicken Rice & Broccoli Casserole Tropical Fruit Milk	Bean & Cheese Taco w/WG Flour Tortilla Green Beans Applesauce Milk	Diced Turkey w/gravy Mashed Potatoes Pineapple Tidbits WG Dinner Roll Milk	Hamburger w/Beef Pattie w/WG Hamburger Bun Pickle Spear Diced Pears Milk
WG Chocolate Graham Bear Milk	WG Cheese Its Crackers Milk	Low-fat Strawberry Yogurt WG Graham Crackers (Serve water)	WG Apple Cinnamon Muffin Milk	Low-fat Cheddar Cheese Stick Ritz Crackers (Serve water)
MONDAY 17	**TUESDAY 18**	**WEDNESDAY 19**	**THURSDAY 20**	**FRIDAY 21**
WG Mini Waffles w/syrup Pineapple Tidbits Milk	WG English Muffin w/jam Mandarin Oranges Milk	WG Corn Flakes Banana Milk	WG Cinnamon Raisin Toast w/butter Diced Peaches Milk	Scrambled Egg Patty WG Flour Tortilla Tropical Fruit Milk
Cheesy Beef & Spanish Rice w/Cheddar Jack Cheese Pinto Beans Tropical Fruit Milk	Grilled Chicken Patty (mayo) w/Whole Wheat Slide Bun Green Breans Diced Pears Milk	Bean & Cheese Chalupa WG Flour Tortilla (EHS) Lettuce & Tomato w/Thousand Isand Dressing Applesauce Milk	Turkey Alfredo w/Fettuccini Pasta Broccoli Normandy Pineapple Tidbits Milk	Beef Meatball Sub Sandwich w/Spaghetti Sauce & Mozz. Cheese WG Hot Dog Bun Pickle Spear Mandarin Oranges Milk
WG Cheddar Goldfish Milk	Low-fat Vanilla Yogurt Diced Peaches (Serve water)	WG Chocolate Chip Muffin Milk	Low-Fat Colby Cheese Stick Saltine Crackers (Serve water)	WG Vanilla "Sports" Grahams Milk
MONDAY 24	**TUESDAY 25**	**WEDNESDAY 26**	**THURSDAY 27**	**FRIDAY 28**
WG Chocolate Chip French Toast Diced Peaches Milk	WG Cheerios Tropical Fruit Milk	Turkey Sausage Patty Whole Wheat Toast w/butter Applesauce Milk	Corn Chex Mandarin Oranges Milk	WG Biscuit w/jam Diced Pears Milk
WG Spaghetti w/Ground Beef Sauce Mixed Vegetables Pineapple Tidbits Milk	Chicken & Broccoli Stir Fry Steamed White Rice Mandarin Oranges Milk	WG Frito Pie w/Chili Con Carne & Pinto Beans Shredded Cheddar Cheese Diced Peaches Milk	Turkey Ham & Cheese Wrap (Mayo) WG Flour Tortilla Lettuce & Diced Tomato (Ranch) Tropical Fruit Milk	Beef Pattie w/gravy Mashed Potatoes Pineapple Tidbits WG Garlic Breadstick Milk
WG Tiger Grahams Milk	WG Zucchini Bread Slice Milk	Banana Milk	Low-fat Strawberry Yogurt Diced Strawberries (Serve water)	WG Rainbow Goldfish Milk
MONDAY 31				
WG Cinnamon Waffles w/syrup Tropical Fruit Milk				
Cheesy Scalloped Potatoes w/Ground Beef Green Beans Mandarin Oranges Milk				
WG Animal Crackers Milk				

** WG = Whole Grain WW= Whole Wheat

Menu is reviewed and approved by a Dietician

** Water offered at all times**