

SEPTEMBER/OCTOBER 2026

www.parentchildinc.com

PARENT/CHILD
INCORPORATED (PCI)

NEWSLETTER



A Message from the CEO: Welcoming the Fall Season

As the vibrant colors of fall begin to emerge and the air turns crisp, we are reminded that this season represents growth, reflection, and new opportunities. Fall is a special time at PCI as the students settle into their routines, friendships continue to blossom, and learning reaches new heights. I am incredibly grateful for the dedication of our families, staff, and community members who work together to create a supportive and inspiring environment for our students. The enthusiasm and commitment demonstrated each day help ensure that every child has the opportunity to succeed academically, socially, and emotionally.

This season also provides an opportunity to celebrate the many activities and events that bring our community together, such as Head Start Awareness Month. From classroom projects and family engagement opportunities to special programs and student achievements, we look forward to creating meaningful experiences that enrich every student's educational journey.

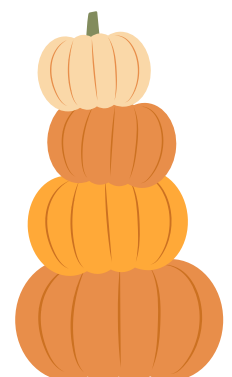
Together, we will continue to build a strong foundation for success and make this school year one filled with learning, growth, and memorable moments. Thank you for your continued partnership and support. I wish you and your family a wonderful and enjoyable fall season.

Sincerely,

Dr. Sharon Small



Dr. Sharon Small
Chief Executive
Officer/HS/EHS Director
MEd, MA, PhD



October is Head Start Awareness Month



October is Head Start Awareness Month!

This October, we proudly celebrate Head Start Awareness Month—a time to honor the dedication, impact, and legacy of Head Start and Early Head Start programs across the nation. Since 1965, Head Start has been a vital force in giving children from underserved communities a strong start through comprehensive early childhood education, health, nutrition, and family support services.

Throughout the month, we recognize the teachers, staff, families, and community partners who work tirelessly to ensure every child has the opportunity to grow, learn, and thrive. Together, we are building brighter futures—one child at a time!

Join us in celebrating by sharing your Head Start story, volunteering, or simply saying thank you to the incredible individuals who make this work possible. Let's continue to advocate for every child's right to a strong start in life.



"We Are NOT Mum About Head Start/Early Head Start!"

PCI parents, guardians, and staff are invited to create and wear a Head Start/Early Head Start Mum to help spread awareness and show your Head Start pride!

Thursday, October 1, 2026

What to Wear

Wear your Head Start Mum with red, white, and blue.

PCI Staff: Wear your red or blue PCI T-shirt with jeans! Join us as we celebrate the many benefits of PCI's Head Start and Early Head Start programs

Health Note

As we enter the fall season, we want to remind you of the importance of staying vigilant during flu season, especially with COVID-19. The health and well-being of our students, staff, and community remain our top priority.

Here are some key points to keep in mind:

- **Flu Vaccinations:** We strongly encourage everyone to get their annual flu shot. Vaccinations are crucial in protecting against the flu and reducing the burden on our healthcare system.
- **COVID-19 Precautions:** Please follow the guidelines that are recommended to prevent the spread of COVID-19.
- **Symptom Awareness:** Be aware of the symptoms of both the flu and COVID-19. If your child exhibits symptoms such as fever, cough, sore throat, or difficulty breathing, please keep them at home and consult a healthcare provider.
- **Healthy Habits:** Encourage your children to maintain healthy habits such as covering coughs and sneezes, washing hands regularly, and avoiding close contact with sick individuals.
- **Please keep an eye on this:** Please stay updated with information from reputable sources such as the Centers for Disease Control and Prevention (CDC) and your local health department.





Breast Cancer Awareness Month

What is Breast Cancer Awareness Month?

Breast Cancer Awareness Month is an international health campaign that's held every October. The month aims to promote screening and reduce the risk of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs designed to: support people diagnosed with breast cancer, including those with metastatic breast cancer, educate people about breast cancer risk factors, and encourage women to go for regular breast cancer screening starting at age 40 or earlier, depending on personal breast cancer risk

October 13 is nationally recognized in the U.S. as Metastatic Breast Cancer Awareness Day.

Metastatic Breast Cancer Awareness Day seeks to educate the public about the challenges that people with metastatic breast cancer face and the need for more research and more treatments for this deadly disease.

The day also serves as a reminder that people can do all the right things, such as breast cancer screenings and all the recommended treatments for early-stage breast cancer

Men's Breast Cancer Awareness Week (October 17–23)

In 2021, President Joe Biden designated October 17 to October 23 Men's Breast Cancer Awareness Week. According to the American Cancer Society, about 2,800 men are diagnosed with breast cancer. But lack of awareness and stigma can be barriers to detection and care in men.

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Parent/Child Incorporated

PCI BREAST CANCER

AWARENESS DAY

OCTOBER 13



"WE FIGHT CANCER TOGETHER"

**Wear your pink shirt or Breast Cancer Awareness Shirt
with your jeans for
PCI's Breast Cancer Awareness Day!**

Fall Paper Bag Tree

Paper bags can be used to make all kinds of neat crafts. If you've got a lunch-sized paper bag, glue, and fall colored paper, you're set to go. You can also adapt this idea to create a tree for each season and have your students work in small groups with a larger grocery-store-paper-bag version.



To learn more, go to Pinterest

<https://www.pinterest.com/pin/146507794099642663/>

Parent/Child Incorporated (PCI)



OPEN

HOUSE

You're Invited to Our School Open House!

Join us for our School Open House and discover all that PCI has to offer! Meet our dedicated teachers and staff, explore our classrooms, learn about our programs, and see firsthand how we help students thrive academically and personally.

This is a wonderful opportunity for families to connect with our school community, ask questions, and prepare for a successful school year.

Date: October 2, 2026

Location: All PCI's Early Learning Centers

Time: 1:00 to 3:00 pm

Please contact your child's ECC for more details!

We look forward to welcoming you and your family to PCI!



The background of the poster is a dark blue space scene. At the top, there are several yellow four-pointed stars of varying sizes. A large, light blue, cloud-like shape serves as a backdrop for the main text. To the right of this shape, a red and white rocket with blue flames is shown launching upwards. Below the main text, there are dark blue, wavy shapes representing clouds or nebulae. At the bottom of the poster, a series of planets and moons are arranged in a horizontal line, receding into the distance. These include a large yellow planet with black markings, several orange and red planets, a blue planet with white rings, and a small blue planet with white rings. The overall theme is space exploration and astronomy.

Parent/Child Incorporated (PCI)

SPACE WEEK

October 5th- 9th

PREPARE FOR A COSMIC ADVENTURE WITH YOUR LITTLE ONES DURING SPACE WEEK AT PCI! JOIN US AS WE JOURNEY THROUGH THE STARS, DISCOVERING PLANETS, MOONS, AND GALAXIES. YOUR CHILD'S CURIOSITY WILL REACH NEW HEIGHTS AS THEY ——— LEARN ABOUT OUR SOLAR SYSTEM. PLEASE TAKE A MOMENT TO SHOW THEM THE NIGHT SKY AND READ A BOOK ABOUT SPACE.

PARENTS: BRING OUT YOUR INNER ASTRONAUT AND HELP YOUR CHILD CREATE A SOLAR SYSTEM FOR SHOW AND TELL ON WEDNESDAY, OCTOBER 7TH, AND DRESS UP LIKE YOUR FAVORITE SPACE CHARACTER!



Parent/Child Incorporated

Empower Your Child!

The Parent Curriculum Training is designed to give families an overview of what their children learn in the classroom and how they can support that learning at home. It strengthens the home-school connection by involving parents as active partners in their child's growth and education.



JOIN US ON ZOOM !



Contact your child's ECC 
for the Zoom link

October 21, 2026 

Meeting starts at 11:00 a.m. 



Lisa Walker – Education Coordinator



Parent/Child Incorporated (PCI)

HEALTH/MENTAL HEALTH/NUTRITION ADVISORY MEETING

Join us via Zoom on Wednesday, October 21, 2026,
from 11:30 a.m. to 1:00 p.m.

Discover the latest developments in health, mental
health, and nutrition—and how to incorporate them
into your daily life for lasting wellness!

Please contact your child's Education Center Coordinator for the Zoom information link.



Upcoming Events



ENJOY THE FAMILY-FRIENDLY ACTIVITIES

LOCATION:
KIDDIE PARK
3903 N. ST. MARY'S
STREET
SAN ANTONIO, TX 78212



UNLIMITED RIDES
FOOD BOOTHS

FOR MORE INFORMATION & PRESALE TICKETS: CONTACT YOUR ECC

PARENT/CHILD INCORPORATED(PCI)

A large orange pumpkin is the central focus, surrounded by green leaves, a brown stem, and a small orange pumpkin hanging from a vine. A string of colorful bunting flags is draped across the pumpkin. A green cartoon worm wearing red-rimmed glasses is on the left, holding a red book. The background is a light orange with white polka dots.

LITERACY FALL

October 30, 2026

6:00 PM - 8:00PM

Enjoy the Family-friendly Activities

**LOCATION:
KIDDIE PARK
3903 N. ST. MARY'S
STREET
SAN ANTONIO, TX 78212**



**UNLIMITED RIDES
FOOD BOOTHS**

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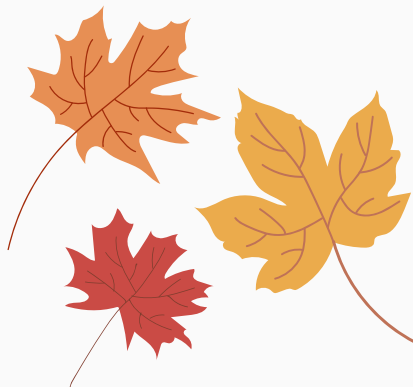
"Growing San Antonio's Tomorrow...Today!"

MISSION

The mission of Parent/Child Incorporated is to provide high-quality early childhood developmental and educational services in order to empower our children and their families to become responsible citizens who value education and community.

VISION STATEMENT

Our vision is to provide the best quality child development program for all eligible children using the Head Start/ Early Head Start Model which enables families, children, and staff to be empowered by creating a caring, safe and healthy environment that encourages learning and wellness.



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