PARENT/CHILD INCORPORATED - NOVEMBER 2026 MENU

Parent Menu





Election Day

****Staff Development Day/PCI Centers Closed****

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
WG English Muffin w/jam Mandarin Oranges Milk	WG Rice Chex Diced Peaches Milk	WG Mini Pancakes w/syrup Pineapple Tidbits Milk	WG Cheerios Banana Milk	Turkey Sausage Patty WG Wheat Toast w/butter Diced Peaches Milk
Beef Meatballs w/gravy Mashed Potatoes Diced Pears WG Dinner Roll Milk	WG Beef Ravioli w/Tomato Sauce Applesauce Milk	Cheesy Chicken, Rice & Broccoli Casserole WG Garlic Breadstick Tropical Fruit Milk	Turkey Chowder w/Mixed Vegetables & Potatoes Mandarin Oranges Saltine Crackers Milk	Hamburger w/Beef Pattie (Ketchup) w/Whole Wheat HB Bun Pickle Spear Diced Pears Milk
WG Cheese Its Crackers Milk	WG Vanilla Graham Bear Milk	Low-fat Strawberry Yogurt Sliced Strawberries (Serve water)	WG Orange Dream Muffin Milk	Low-fat Cheddar Cheese Stick Ritz Crackers (Serve water)

Veterans Day

MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
WG Mini Waffles w/syrup Applesauce Milk	Scrambled Egg Patty WG Flour Tortilla Mandarin Oranges Milk	WG Cinnamon Raisin Toast w/jam Pineapple Tidbits Milk	WG Kix Cereal Tropical Fruit Milk	WG Biscuit w/jam Mandarin Oranges Milk
Chili Con Carne (Ground Beef) w/Pinto Beans & Shredded Cheese WG Corn Bread Loaf Tropical Fruit Milk	Grilled Chicken Patty w/gravy Steamed Broccoli Diced Pears WG Dinner Roll Milk	Macaroni & Cheese w/Elbow pasta Green Beans Banana Milk	Turkey Ham Slice w/gravy Mashed Sweet Potatoes Diced Pears WG Garlic Bread Stick Milk	Carne Guisada Taco (Stew meat) WG Flour Tortilla Pinto Beans Pineapple Tidbits Milk
WG Chocolate Graham Bear Milk	WG Blueberry Muffin Milk	WG Animal Crackers Milk	Low-fat Vanilla Yogurt WG Graham Crackers (Serve water)	WG Cheddar Goldfish Milk

MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
WG Mini French Toast w/syrup Tropical Fruit Milk	WG Corn Flakes Diced Pears Milk	Turkey Sausage Patty WG Wheat Toast w/butter Mandarin Oranges Milk	WG Cheerios Diced Pears Milk	WG English Muffin w/jam Pineapple Tidbits Milk
Beef Conchitas (Pasta Shells) w/Ground Beef Sauce Mixed Vegetables Applesauce Milk	Chicken Caldo w/Diced Potatoes & Sliced Carrots Diced Peaches Saltine Crackers Milk	Ham (Turkey) & Cheese Sandwich w/White Wheat Bread (mayo) Pickle Spear Banana Milk	Baked Turkey w/gravy Cornbread Dressing Green Beans Cinnamon Peach Cobbler WG Dinner Roll Milk	Bean & Cheese Taco w/WG Flour Tortilla Sliced Carrots Tropical Fruit Milk
WG Rainbow Goldfish Milk	WG Chocolate Chip Muffin Milk	Pineapple Tidbits Low-fat Colby Cheese Stick (Serve water)	WG Pumkin Bread Slice Milk	WG Tiger Grahams Milk

MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
HOLIDAY WG Mini Pancakes (syrup) Mandarin Oranges Milk	HOLIDAY WG Rice Chex Diced Peaches Milk	HOLIDAY WG Biscuits w/jam Applesauce Milk	**THANKSGIVING DAY** **HOLIDAY**	HOLIDAY WG Chocolate Chip French Toast Diced Peaches Milk
WG Beef Fingers Sliced Carrots Diced Pears Milk	WG Chicken Nuggets Mixed Vegetables Pineapple Tidbits Milk	WG Beef, Bean & Cheese Burrito Tropical Fruit Milk		WG Beef Ravioli w/Tomato Sauce Diced Pears Milk
WG Snack Crackers (States) Milk	WG Honey Bun Goldfish Milk	WG Graham Crackers Milk		WG Animal Crackers Milk

MONDAY 30
WG Mini Waffles w/syrup Tropical Fruit Milk
WG Spaghetti w/Ground Beef Sauce Green Beans Mandarin Oranges Milk
WG Vanilla Chat Snax Milk

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity.

****Menu is reviewed and approved by a Dietician****

*****Water to be offered at all times.*****