







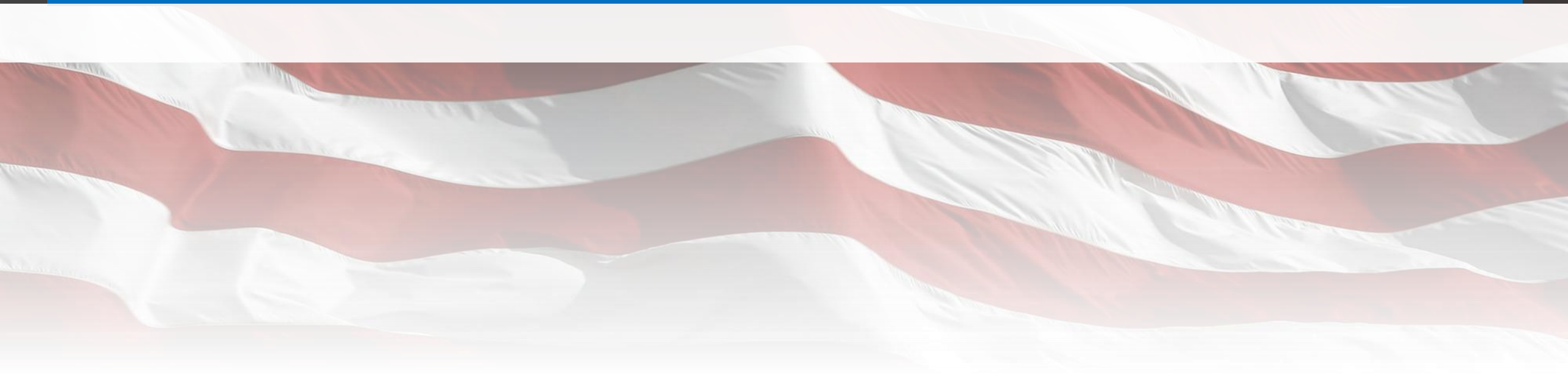
PARENT/CHILD INCORPORATED
OF SAN ANTONIO & BEXAR COUNTY
VETERANS DAY COMMEMORATIVE EDITION - NOVEMBER 11, 2026

Dr. Sharon M. Small **Chief Executive Officer - /HS/EHS Director MEd, MA, PhD**

"Growing San Antonio's Tomorrow…Today!"



VETERANS DAY PROCLAMATION



*BY THE PRESIDENT OF THE UNITED STATES OF AMERICA
A PROCLAMATION

The story of America is written with the courage, honor, and dedicated service of our veterans. Through their sacrifice, the fires of freedom burn brightly, our Republic secured, and our way of life made possible. For nearly 250 years, their unyielding spirit has carried our Nation through every trial and triumph, ensuring that liberty endures for all time. This Veterans Day, we show our gratitude and recommit to honor their service, uphold their legacy, and give every veteran the loyalty, respect, and support they have earned and so dearly deserve.

From the moment our Nation's Founders raised the cause of independence, they recognized that freedom rests upon those willing to defend it. During the midst of the American Revolution, the Continental Congress enacted the first national veterans' benefits law to care for wounded and disabled veterans. From that early act of foresight came a fundamental promise: a Nation devoted to liberty owes a debt to those who secured freedom for our people. Yet for too many decades, politicians have failed to provide the benefits earned by the best among us, leading to shameful outcomes on veteran healthcare, housing, and employment. Under my leadership, the Federal Government will no longer betray these heroes.

During my first term, my Administration achieved historic reforms to the Department of Veterans Affairs (VA) and expanded choice in healthcare and economic opportunity for our veterans. I signed into law landmark legislation to increase accountability, remove those who failed our veterans, and deliver faster, high-quality care. Now, we are building off these successes by continuing to improve the VA. We have opened 16 new veteran health clinics throughout the country, made it easier for veterans to pass on their benefits to their survivors, and ended DEI and transgender policies so we can use taxpayer dollars on programs that help veterans in need. Just this year, we have already reduced the backlog of veterans waiting for VA benefits by more than 37 percent, after rising 24 percent during the previous administration — and we are just getting started.

In May, I signed an Executive Order to build the National Center for Warrior Independence, which will house up to 6,000 homeless veterans by 2028. I also signed into law the One Big Beautiful Bill, making the 2017 Trump Tax Cut permanent and ending taxes on Social Security for most seniors, relieving some of the financial burden for veterans on fixed incomes. Through these reforms and actions, we are renewing our Nation's commitment to all those who served.

Our Nation remains great because of those who have served honorably in uniform and committed their lives to defending our families, our freedom, and American values. Today, we extend our deepest gratitude to our Soldiers, Sailors, Marines, Airmen, Coast Guardsmen, and Guardians for their sacrifice, and we thank the families who share the burden of their service. Under my leadership, our Nation will always uphold the legacy of our veterans by keeping America strong, proud, and free — and as President, I will always have their backs.

In respectful recognition of the contributions our service members have made to advance peace and freedom around the world, the Congress has provided (5 U.S.C. 6103(a)) that November 11 of each year shall be set aside as a legal public holiday to honor our Nation's veterans.

NOW, THEREFORE, I, DONALD J. TRUMP, President of the United States of America, do hereby proclaim November 11, 2025, as Veterans Day. I encourage all Americans to reflect on the courage and sacrifice of our veterans through public ceremonies and private thoughts and prayers of gratitude. I call upon Federal, State, and local officials to display the flag of the United States and to participate in patriotic activities in their communities.

IN WITNESS WHEREOF, I have hereunto set my hand this tenth day of November, in the year of our Lord two thousand twenty-five, and of the Independence of the United States of America the two hundred and fiftieth.

DONALD J. TRUMP

* Proclamation dated November 2025. As of release of this edition, no proclamation has been released for 2026.



VETERANS DAY HISTORY

- Veterans Day occurs on November 11 every year in the United States in honor of the "eleventh hour of the eleventh day of the eleventh month" of 1918 that signaled the end of World War I, known as Armistice Day.
- In 1954, President Dwight D. Eisenhower officially changed the name of the holiday from Armistice Day to Veterans Day.
- In 1968, the Uniform Holidays Bill was passed by Congress, which moved the celebration of Veterans Day to the fourth Monday in October. The law went into effect in 1971, but in 1975 President Gerald Ford returned Veterans Day to November 11, due to the important historical significance of the date.
- Veterans Day commemorates veterans of all wars!



Veterans Day originated as "Armistice Day" on Nov. 11, 1919, the first anniversary of the end of World War I. Congress passed a resolution in 1926 for an annual observance, and Nov. 11 became a national holiday beginning in 1938. Unlike Memorial Day, Veterans Day pays tribute to all American veterans—living or dead—but especially gives thanks to living veterans who served their country honorably during war or peacetime.








We don't
know them all
but we owe
them all.



THANK YOU



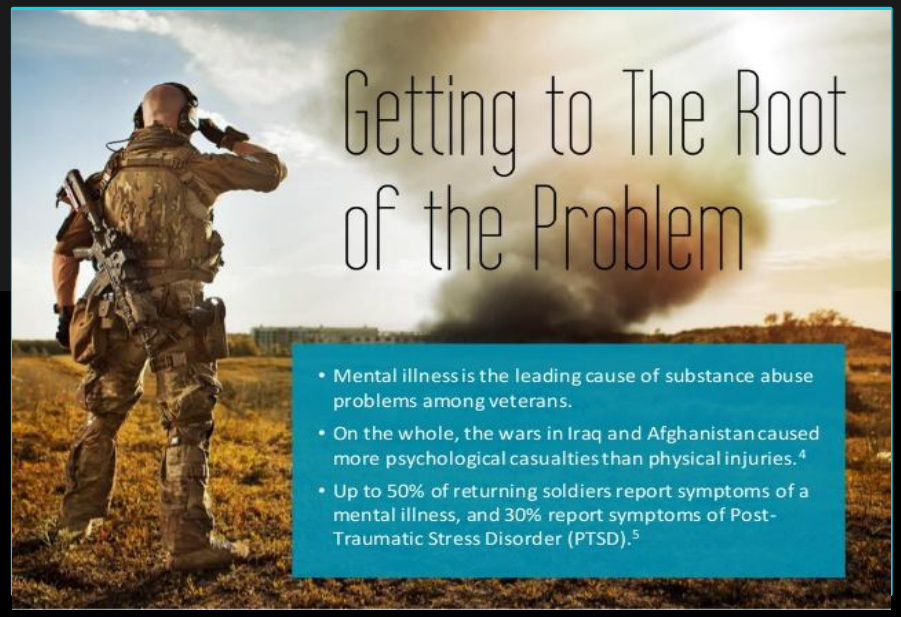


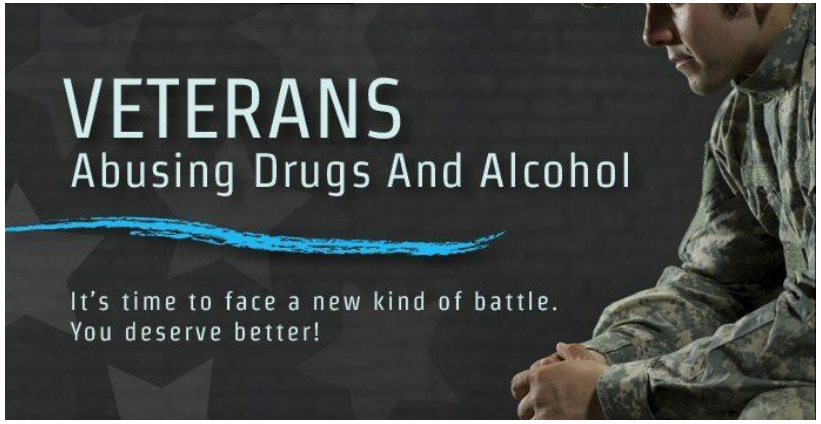

NATIONAL SALUTE TO
VETERANS



HOMELESS VETERANS



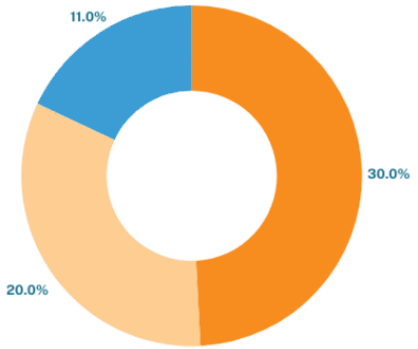




Veteran's & Substance Abuse

1 in 15 veterans struggle with substance abuse.





30%	• 30% of veterans with Post-Traumatic Stress Disorder (PTSD) also struggle with addiction.
20%	• More than 20% of veterans with PTSD suffer from addiction to alcohol or drugs.
11%	• 11% of veterans who seek care in the VA system are diagnosed with a substance use disorder (SUD).

References:
- https://www.samhsa.gov/data/sites/default/files/report_1969/Spotlight-1969.html
- https://www.ptsd.va.gov/understand/related/substance_abuse_vet.asp

VETERAN SUICIDE
STATS EVERYONE SHOULD KNOW

6,392 VETERANS
died by suicide in 2021, an increase of 114 over 2020.
Of these,

6,042	350
WERE MEN	WERE WOMEN

17 U.S. VETS
take their own lives each day.

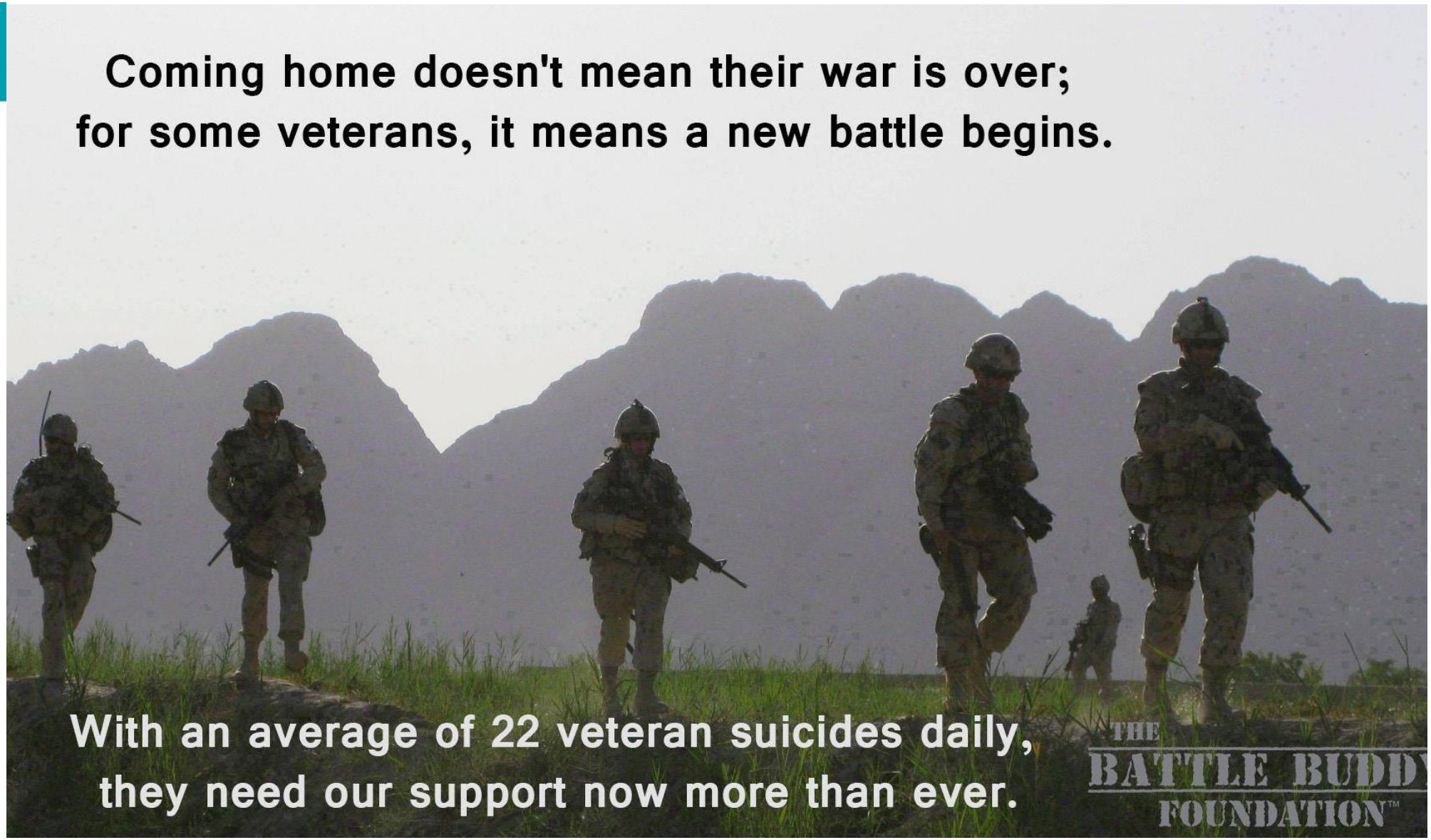
The #2 cause of death for veterans aged 45 and under was
SUICIDE.

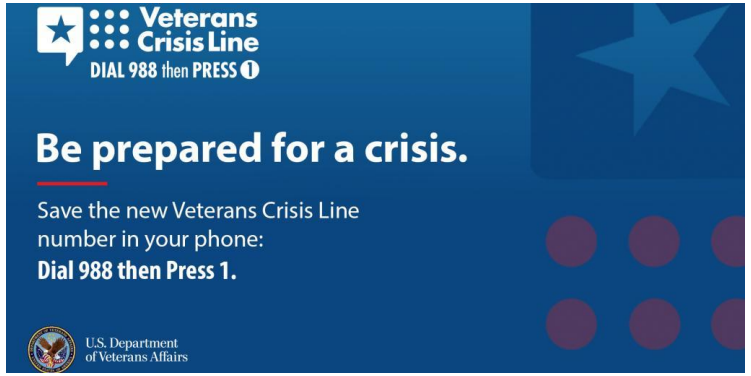
72.2%
of veterans used firearms to commit suicide, compared to the rest of the U.S. population at 52.2%.

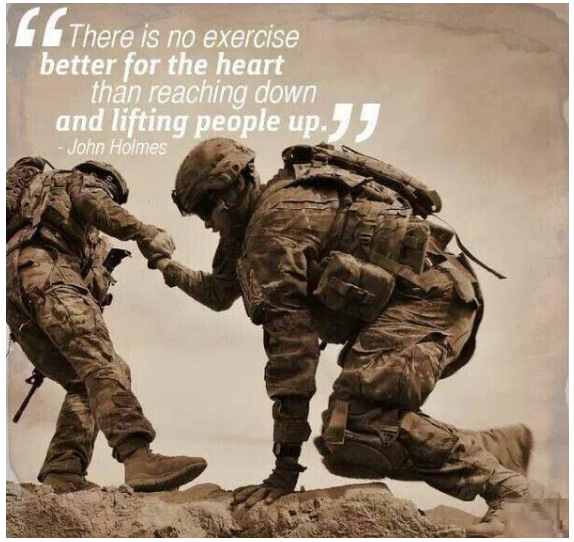
The firearm suicide rate was
62.4% HIGHER
for veteran men in 2021 than for non-veteran men.

The firearm suicide rate was
281.1% HIGHER
for veteran women than for non-veteran women.

Military suicide rates were highest among Native American Indian or Alaska Native veterans, with an unadjusted rate of
46.3 PER 100,000.

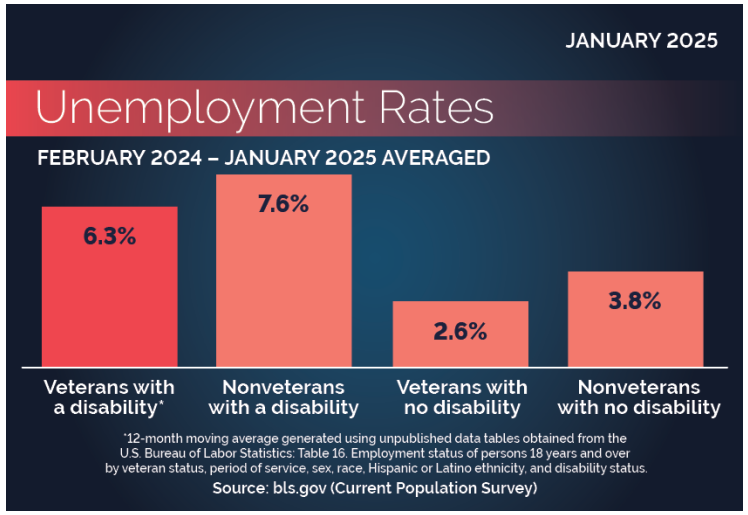






SUPPORT OUR VETERANS





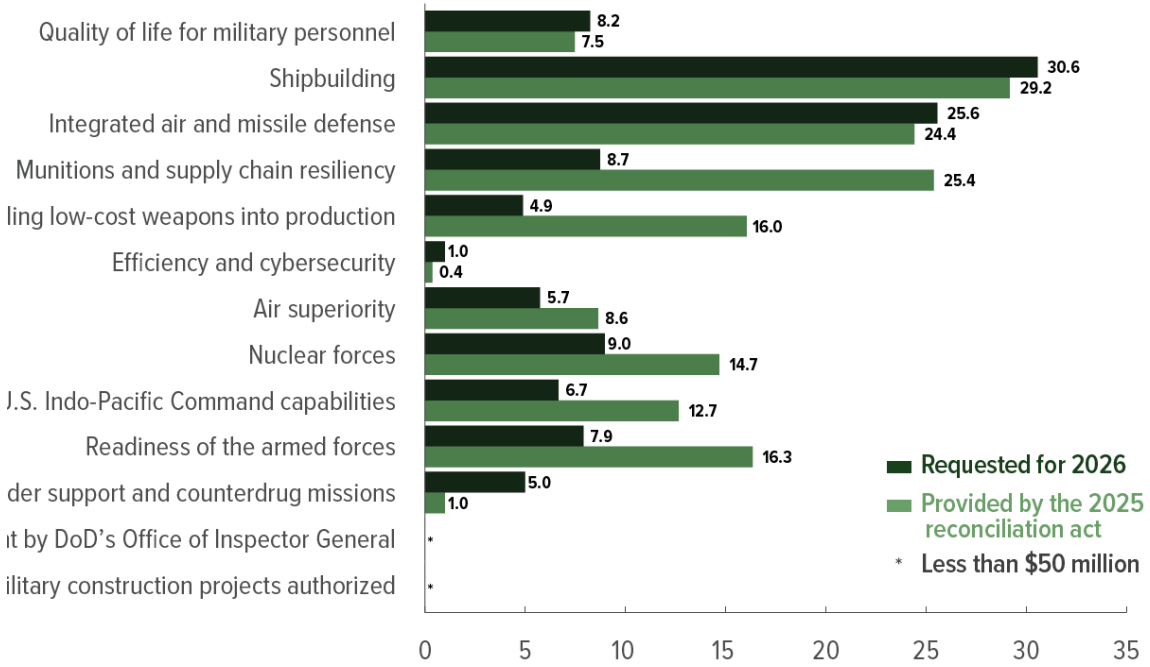
UNEMPLOYED VETERANS

SUPPORT MILITARY FAMILIES

- Military spouses tend to be under 35 and are largely female
- Only 5% of military spouses are men.
- Nearly 20% of service members in Iraq and Afghanistan experience acute stress, depression, and/or anxiety. Getting thank-you notes has a positive impact on soldiers' moods. Military families relocate 10 times more often than civilian families -- on average, every 2 or 3 years.[4
- Service members are more likely to be married at a younger age and have young children at home compared to their civilian counterparts.
- Since 2001, more than 2 million American children have had a parent deployed at least once.
- More than 900,000 children have experienced the deployment of one or both parents multiple times.







MILITARY SPENDING



VETERANS
THANK YOU FOR YOUR SERVICE

Family Members of Current PCI Employees

Dr. Sharon Small
Ernest S. Small-Retired Veteran, U.S. Air Force-Husband
Porter C. Murphy, Jr.-Retired, U.S. Army-Brother
Jesse J. Harbert III-Retired, U.S. Air Force Reserves-Brother-in-Law
Johnnie Thomas (deceased)-U.S. Air Force-Brother-in-Law
Amanda Collins-U.S. Air Force-Great Niece

Adelina Fritz
James E. Fritz(deceased)-U.S. Army-Husband
John E. Fritz-Retired U.S. Army-Son
Brandon Fritz-Former U.S. Air Force-Grandson

Lisa Walker
James Walker, Sr.-Retired Veteran, U.S. Navy-Husband

Griselda Van Wey
James D. Van Wey-Veteran, U.S. Army-Husband
Teodoro Mendoza(deceased)-Veteran, U.S. Army-Father
Thomas L. Mendoza-Veteran, U.S. Army-Son

Sofia Balderas
Conrad Roque(deceased)-U.S. Army-Uncle
Joe Sanchez-Retired Veteran, U.S. Army-Uncle
Michael Anthony Godina-Active-Duty U.S. Marine Corp.-Nephew
Rickie Hernandez-Active-Duty U.S. Army-Cousin

Diana Vogt
Roxann Vogt-U.S. Marine Corp.-Daughter
Henry Sanchez-U.S. Navy-Brother
Joseph Muñoz-U.S. Navy-Nephew
Johnathan Muñoz-U.S. Marine Corp.-Nephew
Fernando Rodriguez-U.S. Army-Nephew
Ashley Ansualda-U.S. Army-Niece

Tanya Flores
Daniel Flores-U.S. Marine Corp.-Husband
Curtis Windom III-U.S. Army-Grandson
Eddie Flores-U.S. Navy-Brother-in-Law
Raul D. Gutierrez-U.S. Army-Grandfather

Patricia Cardenas
Jesus L. Rios, Jr.-Retired Veteran, U.S. Army-Uncle

Cynthia Valadez
George Valdez-Active-Duty U.S. Army-Brother
Julian Alvarado-Active-Duty Army Reserves-Nephew
Angel Valdez-Active-Duty U.S. Army-Son-in-Law
Charles Fletcher-Retired Veteran, U.S. Air Force-Uncle
Walter Fletcher-Retired Veteran, U.S. Air Force-Uncle

Tania Saenz
Robert Saenz-U.S. Air Force-Father
Jaime Saenz-U.S. Army-Brother
Damian Saenz-U.S. Army-Brother

Patricia Sanders
William Sanders-Retired Veteran, U.S. Army-Son

Brandy Diaz
Nico F. Diaz, Jr.-Retired Veteran, U.S. Navy-Son

Noah Diaz
Nico F. Diaz, Jr.-Retired Veteran, U.S. Navy-Brother

Alice Ñieto
Nico F. Diaz, Jr.-Retired Veteran, U.S. Navy-Grandson

Monica Ellison
Wade Ellison-Retired Veteran, U.S. Air Force-Husband
Richard Petty-Retired Veteran, U.S. Army-Father

Amanda Palma
Armando V. Morales, Jr.-U.S. Air Force-Brother

Erika Treviño
Gustavo Treviño-Veteran, U.S. Marine Corp.-Husband

Debra Bedoy
Aulio Marroquin-Retired U.S. Army-Brother-in-Law
Joe Piña-Retired U.S. Army-Brother-in-Law
Steven Balderrama-Retired U.S. Army-Cousin
Paul Michael Zertuche-Retired U.S. Army-Nephew
Ray Roman-Retired U.S. Army-Cousin
Felix Roman -Retired U.S. Army-Cousin
Jaime Castillo-Retired U.S. Army Uncle-
Edmund Gonzalez-Retired U.S. Air Force-Nephew
Paul Michael Zertuche, Jr.-Former Air Force-Great Nephew
Marc Anthony Cisneros-Former U.S. Marine Corp.-Godson
Fred Balderrama(deceased)-U.S. Army-Uncle
Juan Magallanez(deceased)-U.S. Army-Cousin
Antonio Romero(deceased)-U.S. Army-Uncle
David Castillo(deceased)-U.S. Army-Uncle

Candace Collins
Amanda Collins-U.S. Air Force-Great Niece

Constance Murphy
Amanda Collins-U.S. Air Force-Great Niece

Rosemary Garcia
Enrique G. Ponce-Retired Veteran, U.S. Army-Brother
Paul A. Martinez-Retired Veteran, U.S. Army-Nephew
Sofiane Nait Sidenas-Active-Duty U.S. Army-Nephew
Mark Anthony Adame-Active-Duty U.S. Marine Corp.-Nephew
Carlos Gutierrez-Active-Duty U.S. Navy-Nephew

Rose Escobar-Vargas
Paul Anthony Escobar-Retired Veteran, U.S. Army-Cousin
Alejos P. Escobar-Retired Veteran, U.S. Army-Grandfather
Alejos Paul Escobar, Jr.-Retired Veteran, U.S. Navy-Uncle
Juan J. Escobar-Retired Veteran, U.S. Army and U.S. Navy-Father

Rebecca Melendez
Lorenzo Oviedo, Jr.-U.S. Army-Brother
Adrian Oviedo-U.S. Army-Nephew
Akhilles Avilez-U.S. Army-Nephew
Ramon Melendez(deceased)-U.S. Army-Grandfather
Hilario Garza(deceased)-U.S. Navy-Uncle
Eduardo Javier Garza(deceased)-U.S. Navy-Uncle
Jaime J. Garza(deceased)-U.S. Marine Corp.-Uncle
Emilio Perez(deceased)-U.S. Army-Cousin
Alexandro Perez-U.S. Navy-Cousin

Joe Segura
Richard Rodriguez-U.S. Army-Brother

Alice Espinoza
Noah J. Hurtado-Active-Duty U.S. Marine Corp.-Nephew
Efrem Casillas(deceased)-Veteran, U.S. Army-Former Partner

Alicia Ñieto
Vidal V. Flores-Retired Veteran, U.S. Army-Father
Vidal E. Flores, Jr.-Retired Veteran, U.S. Army-Brother
Ruben Flores-Retired Veteran, U.S. Army-Brother
Nico F. Diaz, Jr.-Retired Veteran, U.S. Navy-Grandson

Terri Galloway
Richard Galloway-Retired U.S. Air Force-Father

Tashyanna Pritchard
Charles Pritchard -U.S. Army-Father

Cristal Scott
Phil Scott, Jr.-Retired Sargeant, U.S. Army-Brother

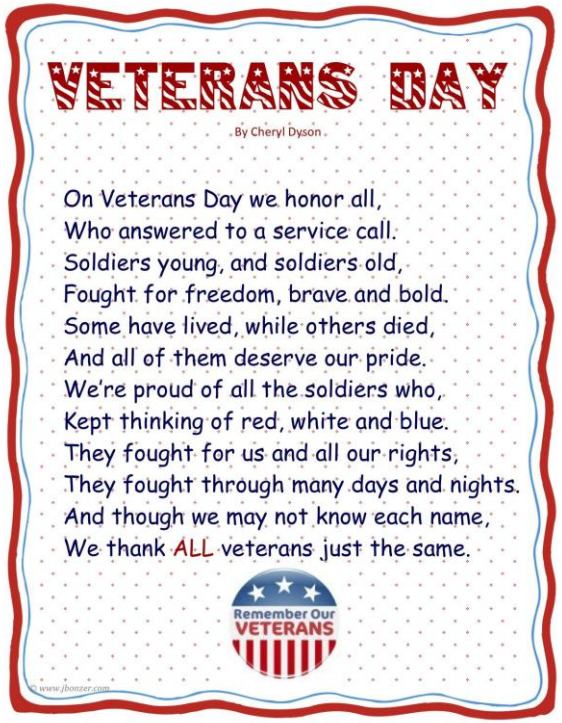
Leticia Espinoza
Malachi Espinoza Bravo-Retired Veteran, U.S. Marine Corp.-Son

Sheril Daniels
Amos Woolridge-Retired, U.S. Navy-Uncle

Lisa Rodriguez
Jimmy Rodriquez-U.S. Air Force-Husband
Michael Rodriguez-Retired, U.S. Marine Corp.-Brother

Armendina Guerrero
Felipe Rios-Retired, U.S. Navy Chief Petty Officer E-7-Nephew
Gene Longoria -Retired, U.S. Air Force-Uncle
Vicent Longoria-Retired, U.S. Army-Cousin

Kimberly Gourley
James White – Retired U.S. Air Force – Grandfather
Pete White – Retired U.S. Air Force – Uncle
Jerry White – Retired U.S. Army – Uncle
Moe White – Retired U.S. Navy – Uncle
James White – Retired U.S. Army – Uncle
Jesse White – Retired U.S. Army – Uncle
Micheal Greenhouse – Retired U.S. Air Force – Uncle
Robert Harvey – Honorable Discharge U.S. Army – Brother
Sean Harvey – Honorable Discharge U.S. Army – Brother
Willie Gourley – Retired U.S. Army and Air Force – Father–in-Law
Joseph Dukuly – Honorable Discharge U.S. Air Force – Brother-in-Law


VETERANS DAY
By Cheryl Dyson
On Veterans Day we honor all,
Who answered to a service call.
Soldiers young, and soldiers old,
Fought for freedom, brave and bold.
Some have lived, while others died,
And all of them deserve our pride.
We're proud of all the soldiers who,
Kept thinking of red, white and blue.
They fought for us and all our rights,
They fought through many days and nights.
And though we may not know each name,
We thank ALL veterans just the same.
Remember Our
VETERANS


THANK YOU
VETERANS
Veterans Day, November 11
HONORING ALL WHO SERVED

THANK YOU

2026 VETERANS DAY RESTAURANT DISCOUNTS:

VETERANS RESTAURANT DISCOUNTS (2026)

- Buffalo Wild Wings – 10 free boneless wings + fries (dine-in or walk-in, valid ID).
- Chipotle – Buy-one-get-one free entrée from 4–8 p.m. with military ID.
- Texas Roadhouse – Free meal voucher redeemable through May 30, 2026.
- IHOP – Free Red, White & Blue pancakes.
- Denny's – Free Build Your Own Grand Slam (5 a.m.–noon).
- Starbucks – Free tall brewed coffee (veterans + military families).
- Dunkin' – Free donut, no purchase required.
- Little Caesars – Free HOT-N-READY lunch combo (11 a.m.–2 p.m.).
- Olive Garden – Free entrée from Veterans Day menu + take-home meal.
- Chili's – Free meal from Veterans Day menu
- Target – 10% military discount through November 11; usable twice in-store or online.
- Rack Room Shoes – 20% off entire purchase in-store on November 11.
- Publix – 10% off groceries (exclusions apply).
- Ashley Furniture – Up to 10% off November 4–11 (5% under $999).
- Academy Sports + Outdoors – 10% off October 19–November 11.
- Army & Air Force Exchange Service – 10¢ off per gallon + free challenge coins.

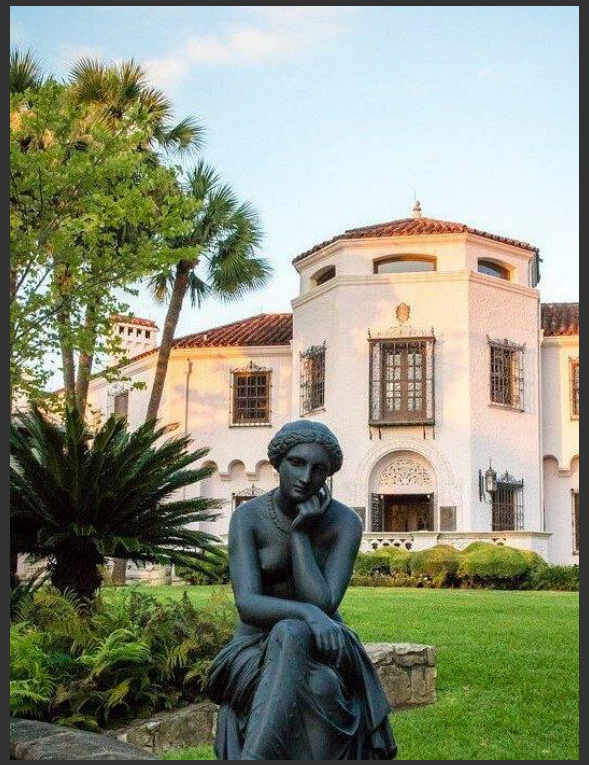
VETERANS RESTAURANT DISCOUNTS (2026)

- Applebee's - Free select entrée
- Chili's - Free select entrée
- Denny's - Free Grand Slam breakfast, 5 a.m.–noon
- Golden Corral - Free buffet, 4 p.m.–close
- 9/11 Memorial & Museum – Free admission November 7–11 for military, veterans, Gold Star and Blue Star families.
- Harley-Davidson Museum – Free admission for veteran + guest + up to four children.
- Freddy – Free Combo Meal
  - Red Lobster -Free Shrimp & Chips
  - Red Robin -Free burger and fries
  - In-N-Out Burger -Free burger, fries and drink
  - Torchy's Tacos -Free taco and drink
  - Cotton Patch Café -Free Chicken Fried Steak or Chicken Fried Chicken

MORE FREE VETERANS DAY EVENTS

- **Fort Sam Houston National Cemetery:** Veterans Day ceremony at 11 a.m., November 11. Free and open to the public.
- **Texas Air Museum – Stinson Chapter:** November 11 at 9 a.m.; free admission, refreshments and a complimentary American flag while supplies last.
- **SA Veterans Day at Hemisfair:** Saturday, November 14, noon–6 p.m. Free family event with entertainment, activities and veteran resource booths.
- **VFW Post 76:** November 14 at 3 p.m.; Veterans Day and Marine Corps birthday celebration with free food, drinks, music and a motorcycle show.
- 9/11 Memorial & Museum – Free admission November 7–11 for military, veterans, Gold Star and Blue Star families.
- Harley-Davidson Museum – Free admission for veteran + guest + up to four children.

FREE ATTRACTIONS AND ACTIVITIES





- **1. San Antonio Zoo**
- Free admission all November
- Veterans, active-duty and retired military.
- Up to four immediate family members get 50% off.
- Valid military ID required.
- November 3–30.
- Zoo Salutes tickets and details
- **2. McNay Art Museum**
- Free admission
- Wednesday, November 11.
- Veterans and active-duty military.
- Up to five adult guests, plus children and teens 19 and under.
- 10 a.m.–6 p.m.
- First 50 eligible military visitors receive a complimentary one-year Dual Family Membership.

Event information and registration

3. The Alamo

Free military admission

November 11.

Veterans and active-duty, reserve and National Guard members.

One guest also receives free admission to the Alamo Exhibit at the Ralston Family Collections Center.

Free concert at 1 p.m.

Free Veterans Day yoga, 5–7 p.m.

Veterans Day event details

4. Six Flags Fiesta Texas

Free one-day admission for veterans and active-duty military.

November 14–15, during Military Appreciation Weekend.
Check eligibility and ticket redemption requirements before going.





A Hero's Welcome

By Robert Longley



Time to come home dear brother
Your tour of duty through
You've given as much as anyone
Could be expected to do

Just a few steps further
The smoke will start to clear
Others here will guide you
You have no need of fear

You have not failed your brothers
You clearly gave it all
And through your selfless actions
Others will hear the call

So take your place of honor
Among those who have gone before
And know you will be remembered
For now and evermore






Parent/Child Incorporated
“
WE DON’T KNOW
THEM ALL, BUT WE
OWE THEM ALL
”
WITH RESPECT HONOR AND GRATITUDE
THANK YOU VETERANS

THANK YOU